

# MÖDERE® FAQs

## MODERE AXIS™ TREBIOTIC WITH 3-IN-1 MATRIX

Health & Wellness | Targeted Health

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### How do I use Modere Axis™ TreBiotic?

- Take one scoop daily mixed into a 200 mL smoothie, shake, water or juice. To ensure best product quality, please do not blend at a high speed or add to food or drinks above 50° C. When added to foods we recommend consuming immediately.

### What's special about the beadlet delivery system?

- TreBiotic beadlets contribute to the shelf stability of the product without refrigeration and help create a neutral taste profile for easier consumption across a variety of consumption methods.

### Does Axis TreBiotic have a flavour?

- No, it is unflavoured and is almost tasteless.

### How does Axis TreBiotic work and what makes it unique?

- TreBiotic contains a unique 3-in-1 combination of friendly bacteria, a food source to help them thrive and a scientifically studied yeast fermentate
- GOS (galactooligosaccharides)
- Friendly bacteria complex:
  - Lactobacillus plantarum strain DR7
  - Pediococcus acidilactici
  - Lactobacillus brevis
- EpiCor® yeast extract

### What is the yeast extract?

- Modere Axis™ TreBiotic uses EpiCor, a whole yeast fermentate that's the subject of 15 scientific studies. It undergoes a proprietary fermentation process, which creates a unique fingerprint of ingredients, such as protein, amino acids, fiber, polyphenols, vitamins and minerals.

### Are there clinical studies done on this product?

- The ingredients in TreBiotic have been scientifically studied. To date, there are no clinicals on the product as a whole.

### Is there any benefit to taking Modere Protozymes together with Axis TreBiotic?

- TreBiotic is a standalone product that does not require any additional supplementation in order to obtain its maximum benefits. However, it is perfectly fine to incorporate Protozymes in a TreBiotic regimen. Modere Protozymes contains different strains than the friendly bacteria complex that is in TreBiotic. The GOS that pairs perfectly with the friendly bacteria in TreBiotic will also pair with other bacteria, including those in Modere Protozymes.

### What is the difference between Enzymes and Axis TreBiotic?

- The two products play different roles. Enzymes provides a broad spectrum of enzymes to supplement your diet. TreBiotic is an exclusive blend of 3 friendly bacteria strains that thrive in the gastrointestinal tract.

### **Can Axis TreBiotic be taken at the same time as Activate?**

- TreBiotic can be taken at the same time as Activate. When first using the products, we recommend taking Activate for 3 days and then introducing TreBiotic to your daily regimen. After 2-3 weeks your body will be accustomed to TreBiotic and you can take it concurrently with Activate.

### **Does Axis TreBiotic have any side effects?**

- Some users may experience mild laxation in the first few days of starting a TreBiotic regimen. This is a normal response and will subside with continued use of TreBiotic.

### **Does Axis TreBiotic have any interactions with medicine?**

- It is not suitable for people taking antidepressants, if you have a medical condition, patients with a central venous catheter in place or when taking any medication. Do not use the product if you have a blood clotting disorder.

### **Does Axis TreBiotic contain caffeine?**

- No, it does not.

### **Is it safe to use while pregnant?**

- It is not suitable for pregnant women. We recommend consulting with your doctor prior to use if you are breastfeeding.

### **Can children take it?**

- Modere Axis™ TreBiotic is formulated specifically with adults in mind. We do not recommend giving it to children.

### **How should it be stored?**

- Keep tightly closed and store in a cool, dry place.

### **Is this gluten-free?**

- Yes, it is.

### **Is it keto-friendly?**

- Yes, it is suitable for those on a keto diet.

### **Is it dairy-free?**

- No, it contains milk and may not be suited for those sensitive to dairy products.

### **Is it suitable for vegetarians?**

- Yes, it is.