

# MÖDERE. FACT SHEET

## BODY TRANSFORMATION COLLECTION

### PRODUCT DESCRIPTION:

Ever notice how two people of the same height and weight can display two vastly different physiques? Body composition is the ratio of fat to muscle in the body, and is often used to determine a person's overall level of health

Modere Body Transformation System is an exclusive collection of scientifically designed products with dandelion root and leaf extract that supports digestive health, normal fat metabolism and Camellia sinensis for resting metabolic rate whilst promoting overall health and fitness.

### BENEFITS:

#### TRIM COCONUT LIME

- Exclusive multi-patented Liquid BioCell™ - an award-winning ingredient featuring a unique collagen type II matrix.
- Reduces the appearance of wrinkles.
- Supports youthful looking skin.
- Improves skin hydration, firmness and elasticity.
- CLA (conjugated linoleic acid) from safflower oil.
- Great tasting, coconut lime flavour.

#### IGNITE

- Naturally sourced caffeine for concentration and alertness.
- Camellia sinensis supports resting metabolic rate and energy expenditure.
- Unique formula designed to complement a diet and exercise program.
- Guarana seed contributes to normal fat metabolism and weight control.
- Chromium and vitamin C contribute to normal macronutrient and energy-yielding metabolism

#### ACTIVATE

- Monthly 3-day cleanse program.
- Kick-starts your digestive energy.
- Milk thistle seed extract contributes to normal liver function.
- Dandelion leaf & root extract helps to support normal digestion

Together, these three products can optimise and complement any nutritional, exercise or weight management programme.



### KEY INGREDIENTS:

#### TRIM COCONUT LIME

- Liquid BioCell™
- CLA (conjugated linoleic acid).

#### IGNITE

- Citrus fruit extract and guarana
- Plant-derived caffeine
- Chromium and Vitamin C

#### ACTIVATE

- Psyllium seed husk
- Chinese rhubarb
- Milk thistle
- Dandelion leaf
- Ginger
- Aloe vera

#### TRIM COCONUT LIME

##### SUPPLEMENT FACTS:

Daily Serving Size: 1 tablespoon (15 mL)  
Daily Servings Per Container: 30

SUPPLEMENT FACTS	Daily Serving Size: 15 mL
Safflower Oil	4.5 g
• Conjugated Linoleic Acid	3.4 g
Chicken Sternal Cartilage Extract*	500 mg
• of which Collagen Type II	300 mg
• of which Chondroitin Sulphate	100 mg
• of which Hyaluronic Acid	50 mg

Please always read the full product label prior to use.

## BODY TRANSFORMATION COLLECTION

### POSITIONING STATEMENT:

Even with a carefully managed weight-management programme, sometimes weight loss can make skin appear dehydrated and wrinkled.

TRIM from the Modere Collagen Sciences division is a robust combination of CLA (conjugated linoleic acid) and multi-patented Liquid BioCell™ technology.

Liquid BioCell™ is an award-winning, patented ingredient that delivers a unique combination of type II collagen, hyaluronic acid and chondroitin sulphate.

The Liquid BioCell™ ingredient has been awarded 7 U.S. and international patents and multiple industry awards.

Ignite is a vegan, dairy-free formula crafted with a blend of Sinetrol® citrus extracts and guarana, plus l-carnitine and plant-derived caffeine. 120 capsules.

Whether you're supporting your regular food intake or trying a brand new nutritional programme, enhancing your diet and fitness or simply seeking a monthly makeover for your digestive system, Modere Activate could be just the perfect complement to your health regimen.

Activate is formulated with a number of ingredients including psyllium seed husk providing fibre, milk thistle to support liver function rounded off by ginger root extract to support the normal function of the intestinal tract.

### DIRECTIONS:

**TRIM COCONUT LIME:** Shake well before each serving. Take 1 tablespoon (15 mL) directly by mouth daily, preferably in the morning.

**IGNITE:** For Adults over 18 years of age take 2 capsules twice daily with meals. Discontinue use two weeks prior to surgery.  
CONTAINS CAFFEINE. Not recommended for children, pregnant women, or individuals sensitive to caffeine (152 mg per daily serving).

**ACTIVATE :** Read NOTICE and CAUTION on the product label carefully before use. Mix one packet into 250ml of water. Stir briskly, and drink promptly. If mixture thickens, add more water and stir. Use for 3 consecutive days per month.  
**CAUTION:** Consult your health care provider prior to use if you have a medical condition. Do not take when taking any medication. Not suitable for pregnant or breastfeeding women.  
Not for extended use without professional advice. Do not administer to children under 12 years old.

**CAUTION:** Consult your health care provider prior to use if you are pregnant or nursing, have a medical condition or when taking any medication. Food supplements should not be used as a substitute for a balanced, varied diet and a healthy lifestyle. Do not exceed recommended daily dose.

### IGNITE

#### SUPPLEMENT FACTS:

Daily Serving: 4 Capsules (2,75 g)  
Daily Servings Per Container: 30

SUPPLEMENT FACTS	Daily Serving: 4 Capsules
Vitamin C	36 mg 45%
Chromium	50 ug 124%
Citrus fruit extracts	495 mg
L-Carnitine	380 mg
Green tea leaf extract of which Epigallocatechin gallate (EGCG)	484 mg
of which caffeine	224 mg
Coffee bean extract of which caffeine	2 mg
Guarana seed extract of which caffeine	135 mg
Olive extract	130 mg
Total caffeine content	90 mg
	20 mg
	37 mg
	152 mg

### ACTIVATE

#### SUPPLEMENT FACTS:

Daily Serving Size: 1 packet 9 g  
Daily Servings Per Container: 3

SUPPLEMENT FACTS	Daily Serving Size: 1 packet 9 g
Psyllium seed husk	5630 mg
Apple pectin	600 mg
Chinese rhubarb root	500 mg
Sodium copper chlorophyllin	200 mg
Ginger rhizome extract	142.5 mg
Milk thistle seed extract	110 mg
Aloe vera inner leaf powder	75 mg
Dandelion leaf and root extract	22.5 mg

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