# THE 90-DAY MODERE BODY TRANSFORMATION CHALLENGE

## ENTRY GUIDE FOR PARTICIPANTS

If you want to enter the **90-Day Modere Body Transformation Challenge** and be in with the chance to win your choice of Modere products up to a value of 250€/£250, simply follow these steps:

**1** Purchase your Modere Body Transformation System on **modere.eu** or **modere.co.uk** using **your own Modere account.**

**2** Just before starting your Challenge and using the Body Transformation System products for 90 days, take a **Before picture and date it.**

**3** Make sure you write down the **measurements** (see measurement tracker here) that you will track during your 90 days.

**4** Enjoy the tips and support on the Facebook community and take your Body Transformation System products consistently as indicated in the product directions (**you will need to purchase 3 Body Transformation Systems with your own Modere account during the 3 months between your Before and After picture to complete the full 90 days**).

**5** After 90 days, take your "After" picture and date it.

**6** **Submit your combined Before and After pictures in collage format** along with your testimonial (see how to create a powerful testimonial here). Why not share your testimonial on the community too!*

**7** Make sure you enter the challenge with the **same email address that is linked to your Modere account** (with which you purchased the Body Transformation System products)

**8** For all the Body Transformation Challenge Terms and Conditions, you can click here.

*By posting your before/after photos and providing a testimonial you are authorising Modere to use this information in whole or in part, in its marketing efforts and acknowledge that this information may be used in any and all publications, websites, social media and other marketing materials.