

**Why should I take both Modere Axis™ PhytoGreen and PhytoGolds?**

- Modere Axis™ Phytos contain a wide variety of phytonutrients and are formulated to support many aspects of wellness including alkalinity, energy, digestive health, joint health, antioxidant capacity and immune health, all of which contribute to a balanced microbiome. Taking both PhytoGreens and PhytoGolds will provide a spectrum of phytonutrient benefits with 34 carefully selected, highly bioavailable and bioactive ingredients.\*

**If I only take one, which one should it be?**

- Each product helps support a balanced microbiome and immune health, but also has a unique functional focus. Please review the benefits below to choose the formula that best fits your personal needs.\*

PhytoGreens Supports	PhytoGolds Supports
<ul style="list-style-type: none"><li>• Alkalinity*</li><li>• Energy*</li><li>• Digestive Health*</li><li>• Balanced Microbiome*</li><li>• Immune Health*</li></ul>	<ul style="list-style-type: none"><li>• Joint Health*</li><li>• Antioxidant Capacity*</li><li>• Digestive Health*</li><li>• Balanced Microbiome*</li><li>• Immune Health*</li></ul>

**Where do the ingredients come from?**

- We source our ingredients from a selected group of carefully screened vendors. Each plant-based ingredient is harvested from the most fertile regions in the world and goes through rigorous testing to ensure quality and efficacy.

**How should I take Modere Axis™ Phytos?**

- You can add these easy-to-mix powders to food or drink, or take them together. Here are a few of our favorite, delicious serving suggestions for Phytos:
  - Blend PhytoGreens into a smoothie
  - Combine PhytoGreens in water with a packet of Modere GO or Revitalize
  - Add PhytoGolds to yogurt or oatmeal
  - Add PhytoGolds to warm milk for a relaxing supplement

**Modere Axis™ Phytos seem to have fewer ingredients than other products I’ve seen. Why is that?**

Getting a rainbow of phytonutrients is key to overall wellness, but more ingredients don’t necessarily equal a more healthful supplement. Fewer ingredients delivered in higher doses can be more beneficial than an abundance of ingredients included in only trace amounts. All of the 34 ingredients in PhytoGreens and PhytoGolds were carefully selected and formulated to be highly bioavailable and bioactive, delivering the ideal balance of ingredient variety and potency.

(bold text, hairline box)\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

