# MÕDERE FAQs | Canada

# **MODERE GO**

Health & Wellness | Targeted Health

# Can I take Modere GO more than once per day?

• No, labeled instructions are to take 1 packet once per day.

# How much caffeine is in Modere GO?

• GO contains 100 mg of caffeine per serving.

#### Is Modere GO sugar-free?

• Yes, it is.

# Is Modere GO gluten-free?

• Yes, it is.

# Is Modere GO keto-friendly?

• Yes, Modere GO contains 4g of carbohydrates per serving.

# Is Modere GO vegetarian and vegan friendly?

• Yes, it is.