

# MÖDERE<sup>®</sup> FACT SHEET



## PRODUCT DESCRIPTION:

As you prepare for your evening meal, sync your digestive tract to optimize digestion and curb late-night cravings. Studies show that most people consume less than the recommended amount of fiber each day. Sync contains a unique combination of all three essential fibers: soluble, insoluble, and prebiotic.

## PRODUCT BENEFITS:

- Optimizes digestion
- Helps to support healthy heart and normal, healthy cholesterol levels
- Zero Sugar, Gluten Free, Vegan

## POSITIONING STATEMENT:

A delicious chocolate flavored treat, Sync includes a blend of soluble, insoluble and prebiotic fibers to synchronize digestion and weight management. This 100% plant-derived-fiber drink mix is inspired by the Mediterranean diet which relies on abundant fruit and vegetables. Crafted to include oats for their natural heart healthy beta- glucan content and incorporating soluble fibers from acacia and prebiotic-rich apples and peas, Sync utilizes nurturing plant ingredients to further support wellbeing in addition to digestive health.

Fiber plays an important role in heart health and weight management, and offers many benefits. As a soluble fiber, oat beta-glucans may assist in binding dietary fats to support removal from the body. Fibers from Mediterranean acacia, apples and peas assist in purifying the digestive tract and quickly removing unwanted chemicals and waste.

## DIRECTIONS/USAGE:

Take Sync 30 minutes before a meal. Mix one scoop with 6-8 oz. of cold water of your favorite low-calorie milk (we suggest unsweetened almond milk). For a relaxing treat, try as a hot cocoa.

HEALTH AND WELLNESS | SLIM



## KEY INGREDIENTS:

- *Oat Beta-glucans*
- *Gum Acacia*
- *Apple Pectin*

## INGREDIENT LIST:

Whole oat bran, cocoa bean powder, organic inulin, fructooligosaccharides (FOS), organic gum acacia, apple pectin, natural flavors, dextrose, organic pea fiber, salt, steviol glycosides.