

# MÖDERE® FAQs

## PROBIOTIC

Health & Wellness | Support

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### How many probiotic cells are in the product?

- Each serving includes 5 billion cells guaranteed.

### Some other products advertise more cells than Modere® Probiotic. Does that mean they are better?

- The most important thing is the number of live cells that reach your intestine. A lot of probiotic products lose their potency even before they enter your body. Modere Probiotic uses revolutionary encapsulation technology to make cells significantly more likely to survive the stomach and colonize in the intestines where they can deliver their greatest benefits.

### How many different strains are in the product?

- Modere Probiotic contains 4 beneficial strains. Lactobacilli probiotics are most prevalent in the small intestine and Bifidobacteria probiotics are most prevalent in the large intestine.
  - Bifidobacterium breve
  - Bifidobacterium animalis subsp. lactis
  - Lactobacillus acidophilus
  - Lactobacillus rhamnosus

### Does this product contain any allergens?

- No, Modere Probiotic is free of the eight major allergens (wheat, fish, milk, peanuts, soy, tree nuts, shellfish and eggs).

### Can I take Modere Probiotic every day?

- Absolutely. We recommend consistent daily intake to achieve maximum digestive health benefits.

### When is the best time to take the product?

- Modere Probiotic can be taken any time because of its encapsulation technology. However, we recommend taking the product with a meal.

### Is it sugar-free?

- Yes, Modere Probiotic is is sugar-free.

### Is it non-GMO?

- Yes, it is non-GMO.

### Who should take Modere Probiotic?

- Everyone can benefit from taking Modere Probiotic daily.

### How should I store the product?

- Modere Probiotic should always be kept in a cool, dry place away from high heat or humidity.