

Ask them how many treats they have now.

Tell the child they can eat their treat of 6

pieces now, or wait 1-2 more minutes and

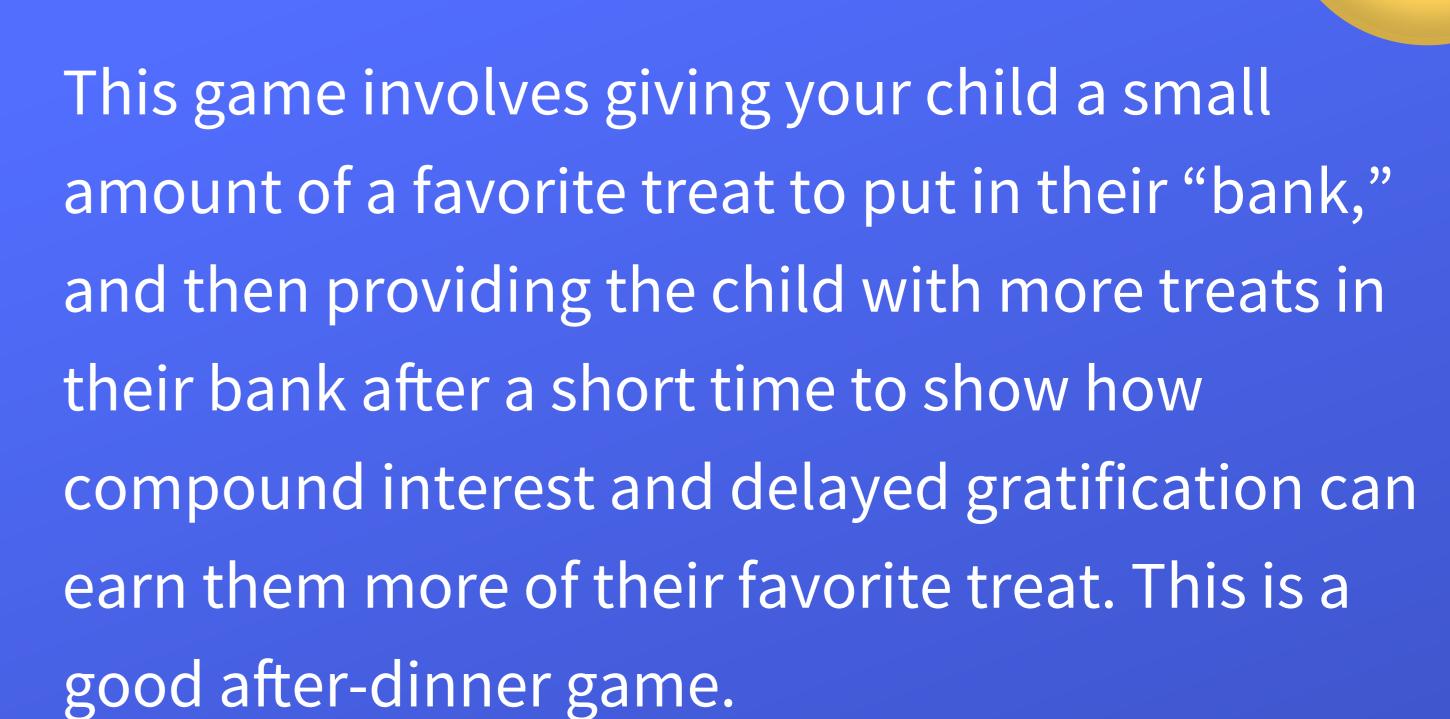
you'll add more treats to the bank.

Tell your child they can eat the 3 treats now, or they can wait 1-2 minutes and you'll add 3 more treats to their bank. You can shorten the time to 1 minute if your child is very young.



At the end of 1-2 minutes, add 3 more treats to the bank.





## **Ages:** 4–11

## Supplies

- Bank printable
- Bag of candy or fruit: M&Ms, Skittles, gummy bears, mini marshmallows, blueberries or other favorite treat.
- Tape or glue stick
- Crayons, paint, stickers and other art supplies

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Ask them how many treats they have now. Tell the child they can eat their treat of 9 pieces now, or wait two more minutes and you'll add more treats to the bank.

