

# EVERLAST / APPAREL SIZE GUIDE

Our apparel size guide helps you determine the perfect size, so your new Everlast clothing items fit like a glove.



PLEASE REFER TO THE BELOW SIZE GUIDE FOR **EVERLAST** APPAREL

## Glove Sizes (OZ)

SIZE	WEIGHT	INCHES
XL (18 OZ)	180 lb	5'5"
L (16 OZ)	160 lb	5'8"
L (14 OZ)	140 lb	6'

## Right Glove Sizes (OZ)

SIZE	WEIGHT
8 OZ	146 lbs & under
10 OZ & 10 OZ LXL	147 lbs & over

## Hand Wrap Sizes (OZ)

SIZE	MENS	WOMEN'S
up to 7"		M
7 - 7,5"	M	M - L
7,5 - 8"	M - L	L
8 - 9"	L	
9 - 10"	XL	

## Headgear Sizes (OZ)

SIZE	WEIGHT
S	up to 21,5"
M	21,5" - 22,25"
L	22,25" - 23"
XL	23" & UP

## Waist Sizes (OZ)

SIZE	WEIGHT
S	up to 30"
M	32" - 34"
L	36" - 38"
XL	38" +