

# SPEEDO | APPAREL & EQUIPMENT SIZE GUIDE

Our apparel & equipment size guide helps you determine the perfect size, so your new Speedo swimwear fits like a glove.



PLEASE REFER TO THE BELOW SIZE GUIDE FOR **SPEEDO** APPAREL

## Women's Swimwear Size Chart (CM)

SIZE	8/30	10/32	12/34	14/36	16/38	18/40	20/42	22/44
<b>CHEST</b>	76 - 81	81 - 86	86 - 91	91 - 96	96 - 101	101 - 106	106 - 111	111 - 116
<b>WAIST</b>	62	67	72	77	82	87	92	97
<b>HIP</b>	87	92	97	102	107	112	117	122

## Women's Swimwear "How to Measure" (CM)

### 1. CHEST

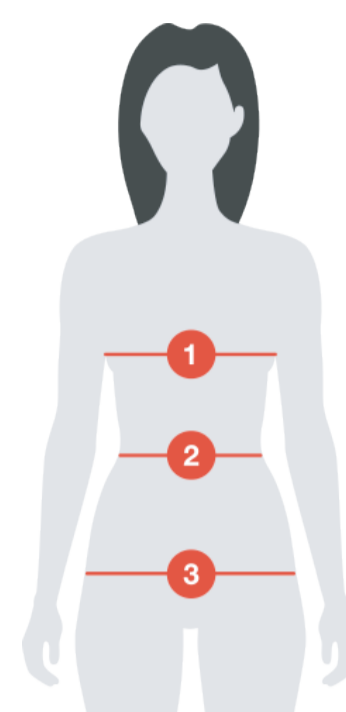
Measure around the fullest part, across chest points, keeping the tape horizontal.

### 2. WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

### 3. HIP

Measure around the fullest part of your hips keeping the tape horizontal.



## Men's Swimwear Size Chart (CM)

SIZE	30	32	34	36	38	40
<b>WAIST</b>	75	80	85	90	95	100
<b>HIP</b>	89.5	94.5	99.5	104.5	109.5	114.5

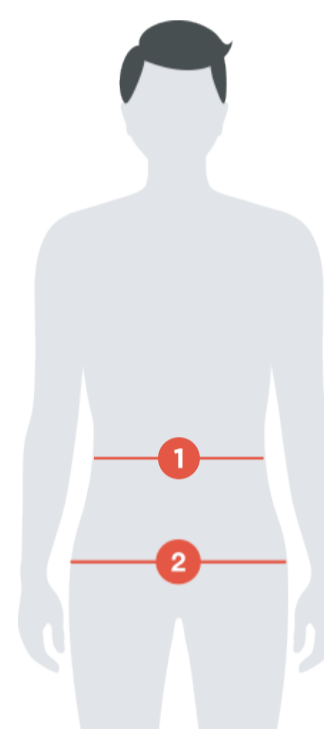
## Men's Swimwear "How to Measure" (CM)

### 1. WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

### 2. HIP

Measure around the fullest part of your hips keeping the tape horizontal.



## Junior Girls' Swimwear Size Chart (CM)

SIZE	7-8YRS/26	9-10YRS/28	11-12YRS/30	13-14YRS/32	15-16YRS/34
<b>HEIGHT</b>	128	140	152	164	176
<b>CHEST</b>	65.5	71	78	84	91
<b>WAIST</b>	61.5	66	71	76	81
<b>HIP</b>	70	75	81.5	88	94.5

## Junior Girls' Swimwear "How to Measure" (CM)

### 1. HEIGHT

Remove their shoes and measure their height against a wall.

### 2. CHEST

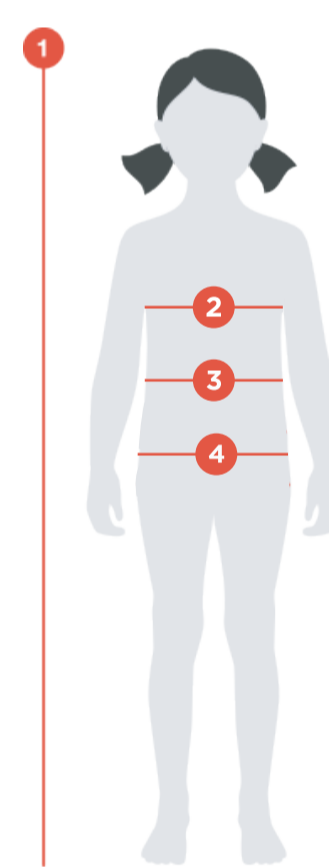
Measure around the fullest part, across chest points, keeping the tape horizontal.

### 3. WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

### 4. HIP

Measure around the fullest part of your hips keeping the tape horizontal.



## Junior Boys' Swimwear Size Chart (CM)

SIZE	7-8YRS/26	9-10YRS/28	11-12YRS/30	13-14YRS/32	15-16YRS/34
<b>HEIGHT</b>	128	140	152	164	176
<b>WAIST</b>	61.5	66	71	76	81
<b>HIP</b>	70	75	81.5	88	94.5

## Junior Boys' Swimwear "How to Measure" (CM)

### 1. HEIGHT

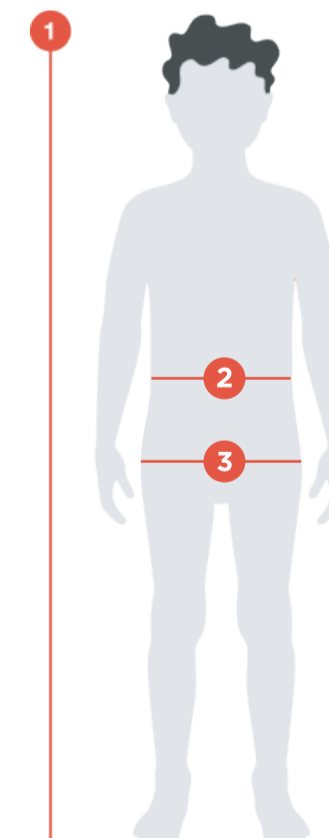
Remove their shoes and measure their height against a wall.

### 2. WAIST

Measure around the narrowest part (typically the small of your back and where your body bends side to side), keeping the tape horizontal.

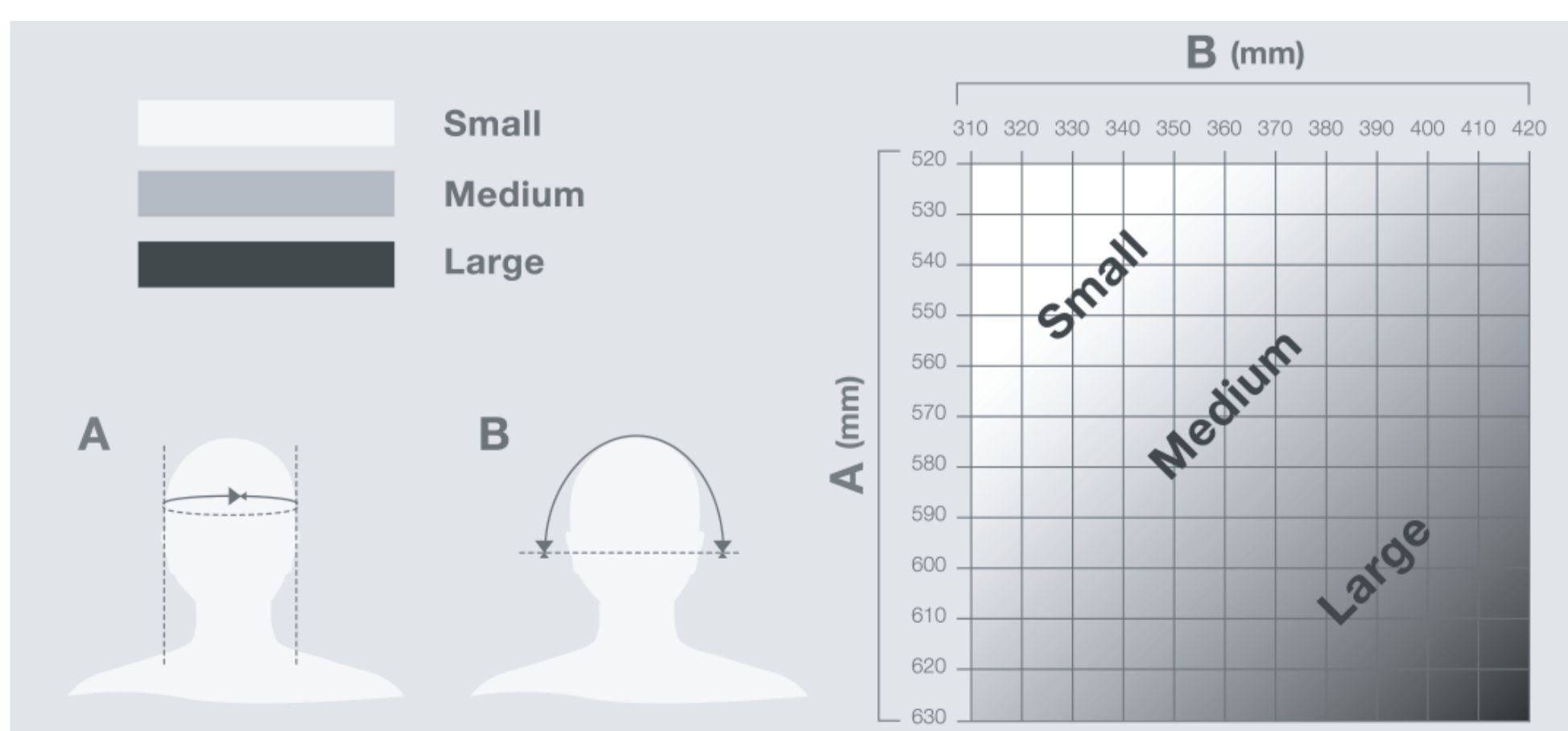
### 3. HIP

Measure around the fullest part of your hips keeping the tape horizontal.



PLEASE REFER TO THE BELOW SIZE GUIDE FOR **SPEEDO** EQUIPMENT

## Fastskin Caps Size Chart (CM)



## Biofuse Fitness Fin Size Chart (CM)

SIZE	XS	S	M	L	XL
<b>UK FOOT</b>	12 - 1	2 - 4	5 - 7	8 - 10	11 - 13