Munich, Germany

THE GUIDE



The essential neighborhood guide for the curious Mindspacer.

M

MINDSPACE

WELCOME TO THE HIGH LIFE

The Mindspace experience extends far beyond the corners of your work desk. It is one of discovery, cultural immersion, balance, and high quality living.

This little pocket book is here to help you see, taste, feel, celebrate, and unlock the best of what your Mindspace neighborhood is hiding up its sleeve - all within walking distance. We encourage you to invite your fellow Mindspacers to join you.

At your service, The Mindspace Team

MINDSPACE

COFFEE

Mindspace neighborhood map

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Eat

THAI ATRIUM

Just a couple of minutes away from our office and inside the Arco Palais Innenhof, Thai Atrium serves authentic dishes in the Thai style. The staff, who always have a smile on their faces, put a smile on yours as well when they serve the food! With mouthwatering dishes all over the menu, you will definitely want to try more.



EATALY

No one can resist exquisite Italian pasta and pizza. Eataly is the place to go if you want to feel like you're stepping into Italy for a few hours. Everything is so good, it's hard to decide where to start! The good news is that you get ro% off when you show your Mindspace card.



Don't leave before you brave the best papaya fries outside of Thailand.

Distance from Mindspace: Viktualienmarkt: 1.2km (14 minute walk) Salvatorplatz: 210m (3 minute walk)

Visit: Briennerstraße 10 Call: 089 45212755



Don't leave before you eat the Neapolitan style pizza.

Distance from Mindspace: Viktualienmarkt: 140m (2 minute walk) Salvatorplatz: 1.2km (15 minute walk)

Visit: Viktualienmarkt 15 Call: 089 248817711

BELLA ITALIA

Situated right in front of our Mindspace office, this restaurant is a great comfortable place for a quick Italian meal.



Distance from Mindspace Stachus: 60m (1 minute walk)

Visit: Herzog-Wilhelm-Straße 8 Call: 089 593259

BAR COMMERCIAL

Bar Commercial is a great restaurant/bar for a casual afterwork bite to eat. Located right inside the Fünf Höfe shopping center between Marienplatz and Odeonplatz, you'll soon make this your regular after work spot!

Distance from Mindspace:

cheesy pizza.

Don't leave before you tear apart the

Viktualienmarkt: 850 (10 minute walk) Salvatorplatz: 220m (3 minute walk)

Visit: Theatinerstraße 16 Call: 089 20700266



SOUMI SOUPS AND BANH MI

Simple, yet delicious and authentic Vietnamese food will surprise you at this unfussy restaurant. Here you'll be transformed from being completely nonchalant about a baguette to falling in love in just one bite.

Don't leave before you eat the Vietnamese baguette.

Distance from Mindspace: Viktualienmarkt: 290m (4 minute walk) Salvatorplatz: 850m (11 minute walk)

Visit: Sendlinger Straße 7 Call: 089 25549169











PRINZ MYSHKIN

Munich has great options for everyone, and Prinz Myshkin is the destination for vegans who enjoy modern and international cuisine with a twist! With minimalistic architecture and reasonable prices, you can indulge in a wide range of delicious creative dishes from around the world.

Don't leave before you dip your spoon into the best triple chocolate mousse you've ever tasted.

Distance from Mindspace: Viktualienmarkt: 400m (5 minute walk) Salvatorplatz: 950m (11 minute walk)

Visit: Hackenstraße 2 Call: 089 265596









BOHNE & MALZ AM STACHUS

A restaurant that will surprise you with its variety of food and drink, and moreover the location - it's just a stone's throw away from Mindspace! From breakfast to evening cocktails, this restaurant has an option for every time of the day!

BAR-I-CENTRO

An insider's tip: this hidden beauty tucked in Viktualienmarkt is small but cozy, and is a restaurant to remember. During the summer, you can enjoy the sun and some excellent people watching, with their outdoor seating options.



Don't leave before you taste the daily special a new surprise every day!

Distance from Mindspace:

Viktualienmarkt : 170m (2 minute walk) Salvatorplatz: 1km (12 minute walk)

Visit: Sebastiansplatz 5 Call: 089 23259980



Don't leave before you have all the different business specials during the week.

Distance from Mindspace Stachus: 110m (1 minute walk)

Visit: Sonnenstraße 11 Call: 089 557179

OPATIJA AM ALTEN PETER

 $F\,{\rm resh}$ Mediterranean food and drink, including succulent grilled meat, silky vegetables, and creamy pasta. High quality and reasonably priced is the name of the game at this restaurant, which is located close to our office.





Don't leave before you try the crispy chicken burger.

Distance from Mindspace: Viktualienmarkt: 220m (3 minute walk) Salvatorplatz: 750m (9 minute walk)

Visit: Rindermarkt 2 Call: 089 23231995

MUSTAFA'S GEMÜSE KEBAB

 $The\ Holy\ Grail\ of\ kebabs\ in\ Munich,\ you'll\ never\ see\ this\ place$ without a queue. Every single kebab on their menu is delicious\ - this place is worth the wait.

Don't leave before you sample the heavenly chicken doner with vegetables.

Distance from Mindspace Stachus: 200m (3 minute walk)

Visit: 21-24 Stachus Call: 0176 33 3666999



IL SOGNO

Don't miss this Italian treasure in the heart of the city. Delicious food, great drinks and warm Italian hospitality - what more can you want from a restaurant?



Don't leave before you try the special dessert.

Distance from Mindspace Stachus: 240m (3 minute walk)

Visit: Kapellenstraße 1 Call: 089 24209364





MAX PETT

Another great vegan option in the city, Max Pett has a wide selection of delicious dishes, with lunch specials that change every day. This cool space has options for everyone - even the raw foodies among us! Don't forget to leave room for their amazing desserts.

Don't leave before you try the vegan Schnitzel.

Distance from Mindspac Stachus: 600m (8 minute walk)

Visit: Pettenkoferstraße 8 Call: 089 55869119



BANYAN

Your attention will be grabbed from the first step into the cute little entrance with the tiny door, before you even taste the food! This reliable restaurant with hearty dishes and a variety of drinks has a great deal to satisfy any foodie out there.





Don't leave before you indulge with the duck and ginger pak choi.

Distance from Mindspace Stachus: 1.2km (15 minute walk)

Visit: Goethestraße 68 Call: 089 5309321

After hours



LUCKYWHO

Lucky who? Lucky you, if you dine, drink and dance at this place. Whether you go for an after-work drink or simply a casual meetup with friends, LuckyWho will offer you drinks and food with fresh, high quality ingredients that will make your evening!



PUSSER'S BAR

An unforgettable, quaint bar that brings its classic history to you with its drinks, atmosphere and staff. They not only have a mix of classic drinks and cocktails, but they also mix live piano into your experience at the bar!



Don't leave before you sip on the famous Pusser's Painkiller.

Distance from Mindspace: Viktualienmarkt: 600m (7 minute walk) Salvatorplatz: 700m (9 minute walk) Stachus: 1.2km (14 minute walk)

Visit: Falkenturmstraße 9 Call: 089 220500 Don't leave before you end the evening with a sweet dance on the dance floor.

Distance from Mindspace: Viktualienmarkt: 1.2km (15 minute walk) Salvatorplatz: 280m (4 minute walk)

Visit: Brienner Straße 14 Call: 089 20922071



HAVANA CLUB

This Cuban treasure in the middle of the city awaits you for a pleasant experience with their authentic atmosphere and professional cocktails. The setting is so good that you'll enjoy the dusky hours of your day at this famous bar, where you might even spot some film shooting!

TABACCO

Have you ever wanted to be in the Godfather movie, sipping whiskey in a leather armchair in a dim-lighted environment? Yes? Well, Tabacco is the place for you then. It's famous for after-hour drinks in an unfussy atmosphere where you can relax and enjoy your evening.



Don't leave before you taste their amazing selection of rum.

Distance from Mindspace: Viktualienmarkt: 700m (9 minute walk) Salvatorplatz: 1.1km (14 minute walk)

Visit: Herrnstraße 30 Call: 089 291884



Don't leave before you eat the roast beef with freshly grated horseradish.

Distance from Mindspace: Viktualienmarkt: 750m (9 minute walk) Salvatorplatz: 350m (5 minute walk) Stachus: 650m (8 minute walk)

Visit: Hartmannstraße 8 Call: 089 227216







KILIAN'S IRISH BAR / NED KELLY'S AUSTRALIAN BAR

This bar's got it all - beer, live music nights, pub grub, sports on the TVs and everything else you'd want. During summers, Killian's terrace offers beautiful views of Munich's Frauenkirche.

Don't leave before you live the Irish way and Guinness it.

Distance from Mindspace: Viktualienmarkt: 600m (7 minute walk) Salvatorplatz: 550m (7 minute walk) Stachus: 700m (9 minute walk)

Visit: Frauenplatz 11 Call: 089 24219899

COLE & PORTER

Bar, food, wine or coffee, Cole & Porter is an all-in-one place. You can comfort yourself with a coffee and cake in the evening or a zesty cocktail from the cool bartenders who always have a smile ready!



Don't leave before you pair your drink with the tiramisu tort with raspberries.

Distance from Mindspace: Viktualienmarkt: 400m (5 minute walk)

Salvatorplatz: 900m (11 minute walk)

Visit: Sendlinger Straße 10 Call: 089 81893854



Munich



JADED MONKEY

A small but perfect place for handcrafted cocktails and great ambiance. A speakeasy with a lot to offer - this place is a perfect addition to the Munich bar scene.

> Don't leave before you try passionately-crafted old fashioned cocktails.

Distance from Mindspace:

Viktualienmarkt: 800m (10 minute walk) Salvatorplatz: 1.2m (15 minute walk) Stachus: 280m (3 minute walk)

Visit: Herzog-Wilhelm-Straße 25 Call: 089 26949401





BAR CENTRALE

You don't have to go all the way to Italy to enjoy the scene - just go to this cute and traditional Italian bar with a quiet, relaxed environment. Not very far away from Mindspace, Bar Centrale offers both coffee and drinks to make you smile.

> Don't leave before you have the well-known breakfast or brunch.

Distance from Mindspace:

Viktualienmarkt: 450m (6 minute walk) Salvatorplatz: 850m (10 minute walk)

Visit: Ledererstraße 23 Call: 089 223762





HEILIGGEIST 1

 $Munich \ is happy as Heiligeist \ \tau$ is back after a break. Though small in size, this place attracts a great crowd, with a mix of regulars from young to old, where everyone can talk to everybody in this lovely cute bar.

KENNEDY'S BAR



If not for the drinks, go to Kennedy's for the buzzing atmosphere, and the rest is what you make of it! Situated right outside Sendlinger Tor, this place is always busy with a great crowd, fun energy and delicious food and drinks.

Don't leave before you taste their incredible ice cream.

Distance from Mindspace: Viktualienmarkt: 230m (3 minute walk) Salvatorplatz: 900m (11 minute walk) Stachus: 1km (12 minute walk)

Visit: Heiliggeiststraße 1 Call: 089 46229521





Don't leave before you try their surprisingly delicious burger and fries.

Distance from Mindspace Stachus: 500m (6 minute walk)

Visit: Sendlinger-Tor-Platz 11 Call: 089 59988460

PATOLLI

A small café bar nestled between busy shopping streets, Patolli is a splendid café and vibrant bar at night. A perfect place for after-work drinks or coffee, the atmosphere is very casual and simple, encouraging you to focus on the conversation.





Don't leave before you sip their wellknown coffee.

Distance from Mindspace: Viktualienmarkt: 650m (8minute walk) Salvatorplatz: 1.3km (17 minute walk) Stachus: 500m (6 minute walk)

Visit: Sendlinger Straße 62 Call: 089 89058312





THE DRUNKEN DRAGON BAR

With its mythical creatures and artistic paintings on the wall, and a Chinese- themed menu, this bar /restaurant is a special site in the city. You can't help but notice not just the name, but also the neon lights when you pass by on the street.



Don't leave before you eat the chicken mushroom and spicy peanut dumplings.

Distance from Mindspace Stachus: 800m (10 minute walk)

Visit: Müllerstraße 51 Call: 089 24216115



Coffee

BRASSERIE OSKAR MARIA



If you are confused about getting coffee or chocolate, Beluga is the place to be. Located a few feet below our office, this small and cute treasure tempts you to try all their delicacies in one take!

CHOCOLATERIA BELUGA



Located adjacent to our office and inside the LiteraturHaus, this coffee place not only offers a comfortable location and great coffee, but also a great view of Frauenkirche to look at while sipping your coffee.

Don't leave before you have the boeuf tartare & quiche 'OskarMaria'.



Distance from Mindspace: Viktualienmarkt: 1.0km (12 minute walk) Salvatorplatz: 140m (2 minute walk)

Visit: Salvatorplatz 1 Call: 089 29196029



Don't leave before you delight in the hot chocolate.

Walking time from the office: Viktualienmarkt: 67m (1 minute walk) Salvatorplatz: 950m (11 minute walk)

Visit: Viktualienmarkt 6 Call: 089 23231577



MÜNCHNER FREIHEIT

Yet another great café located close to our office, hidden in the lovely streets of Salvatorplatz. It's not just coffee and pastries that they offer, but also ice cream to chill your soul during the summer season!

Don't leave before you taste at least 5 different flavours of ice cream.

Distance from Mindspace: Viktualienmarkt: 1.2km (12 minute walk) Salvatorplatz: 130m (2 minute walk)

Visit: Salvatorplatz 2 Call: 089 292457



SCHMALZNUDEL -CAFÉ FRISCHHUT

Everyone in the city knows this café as "Schmalznudel", since they're famous for celebrating the Bavarian dessert. The inviting aroma of the fresh noodles and brewing coffee when you pass through the café will also pull you inside! Worth the walk.



Don't leave before you have a Schmalznude!!

Distance from Mindspace: Viktualienmarkt: 90m (1 minute walk) Salvatorplatz: 1km (12 minute walk)

Visit: Prälat-Zistl-Straße 8 Call: 089 26023156



STEREO CAFÉ

This hidden gem is a great place for anyone who wants to chill during a break at work or simply meet friends on the weekend. The café has a neat view of the city that you can enjoy while sipping your coffee or tea.



Don't leave before you try the sweet avocado in cardamom yogurt.

Distance from Mindspace: Viktualienmarkt: 800m (9 minute walk) Salvatorplatz: 300m (4 minute walk)

Visit: Residenzstraße 25-26 Call: 089 24210143



A great place for coffee and sandwiches, Aran is the perfect place to head into for a quick snack. Known for their homemade bread and delicious desserts, you won't leave hungry!





Don't leave before you have the breakfast with bread and coffee.

Distance from Mindspace: Viktualienmarkt: 800m (9 minute walk) Salvatorplatz: 230m (3 minute walk)

Visit: Theatinerstraße 12 Call: 089 25546982

KAFFEERÖSTERREI



If the cute look of the café doesn't attract you, the smell of coffee coming from this café will do the magic! You won't be surprised by how it's always full (some say it's the best coffee in town), as the quality speaks for itself.

Don't leave before you sip their coffee.

Walking time from the office: Viktualienmarkt: 160m (2 minute walk) Salvatorplatz: 1km (13 minute walk)

Visit: Viktualienmarkt Abteilung III/Stand 3/26 Call: 089 2609086



CAFÉ NYMPHENBURG SEKT





Just a hop away from our office and right at the corner of Viktualienmarkt, this café offers you great coffee, food, wine, and also good vibes. It welcomes you with green wooden doors and warm smiles and persuades you to spend quality time with your friends.



Don't leave before you sample the truffle toast.

Walking time from the office:

Viktualienmarkt: 54m (1 minute walk) Salvatorplatz: 1km (13 minute walk)

Visit: Viktualienmarkt 2 Stand 5 Call: 089 23239660



CAFÉ CORD

 $T\,his$ large, spacious, and attractive café offers a lot to their guests, and is great for any meal after brunch. Just a couple of minutes away from the office, you can get a lot of German and international dishes at this café .



Don't leave before you sit on the terrace during summer.

Distance from Mindspace Stachus: 190m (2 minute walk)

Visit: Sonnenstraße 19 **Call:** 089 54540780



CAFÉ LUITPOLD

Anyone who has been living in Munich long enough will surely suggest this café due to its history from the 19th century. Guests can enjoy their coffee and pastry in this elegant café inside or outside - either way the view is beautiful.



Don't leave before you have a slice of the blackforest cake.

Distance from Mindspace Stachus: 1km (12 minute walk)

Visit: Brienner Straße 11 Call: 089 2428750

Necessities

Loewen Apotheke, Blumenstraße 1 Distance from Mindspace Viktualienmarkt: 180m (2 minute walk)

Engel Apotheke, Theatinerstraße 45 Distance from Mindspace Salvatorplatz: 350m (4 minute walk)

Dr. Beckers Central Apotheke, Karlsplatz 11 Distance from Mindspace Stachus: 230m (3 minute walk)

POSTAL SERVICE

PHARMACY

DHL Packstation, Georg-Kronawitter-Platz 2 Distance from Mindspace Viktualienmarkt: 350m (4 minute walk)

DHL Packstation, Unsöldstraße 9 Filialungebunden Distance from Mindspace Salvatorplatz: 1.2km (15 minute walk)

DHL Packstation, Adolf-Kolping-Straße 4 Filialungebunden Distance from Mindspace Stachus: 260m (4 minute walk)

SUPERMARKET

REWE, Muellerstraße 3 Distance from Mindspace Viktualienmarkt: 400m (4 minute walk)

REWE, Theatinerstraße 14 Distance from Mindspace Salvatorplatz: Theatinerstraße 14

Edeka, Underground of U-bahn station Karlsplatz Distance from Mindspace Stachus: 160m (2 minute walk)

Sleep

Munich

HOTEL ANNA

Schützenstraße 1





Book: 089 599940 annahotel.del

Distance from Mindspace: Viktualienmarkt: 1.2m (15 minute walk) Salvatorplatz: 950m (12 minute walk)



This picture-perfect luxury boutique hotel will mesmerize on the first look. With a great selection of tasteful rooms, guests can expect super-attentive service and great attention to detail. If anything, stay here for the innovative architecture and the delicious dim sum in their restaurant.





PLATZL HOTEL (SUPERIOR)

Sparkassenstraße 10



Right next to the local brewery Hofbrauhaus, Platz Hotel is run by the third generation of the Inselkammer family that takes pride in their traditional set-up. The staff is warm and hospitable, and provides you with the comfort you're looking for during your stay.

Book: 089 237030 platzl.de

Distance from Mindspace: Viktualienmarkt: 500m (6 minute walk) Salvatorplatz: 700m (9 minute walk)





HOTEL BLAUE BOCK

Sebastiansplatz 9



One of the chicest hotels in the city center, Blaue Bock has tradition, history, friendly guests and amazing rooms. A hotel where antique and modern goes hand-in-hand, it's close to everything in the city , which makes it even more attractive to locals.



HOTEL MERCURE

large range of options, with 80 spacious rooms.

Run by Accorhotels, Mercure offers simple and unfussy, yet modern

decor, and is a business or pleasure hotel destination for many people.

With a great view and air conditioned rooms, Hotel Mercure offers a

Hotterstraße 4

Book: 089 232590 accorhotels.com

Distance from Mindspace: Viktualienmarkt: 450m (5 minute walk) Salvatorplatz: 750m (9 minute walk)



Book: 089 231780 hotelblauerbock.de

Distance from Mindspace: Viktualienmarkt: 150m (2 minute walk) Salvatorplatz: 1km (13 minute walk)

The arts

ST. PETER'S CHURCH

Visit: Rindermarkt 1 Call: 089 210237760 Walking time from Mindspace Stachus: 750m (9 minute walk) Opening Hours: Everyday: 10 AM - 6:30 PM





ST. MICHAEL'S CHURCH

Visit: Neuhauser Straße 6 Call: 089 2317060

Walking time from the office: Viktualienmarkt: 650m (7 minute walk) Salvatorplatz: 650m (7 minute walk)

Opening Hours:

Mon, Fri: 10 AM - 7 PM Tue: 8 AM - 8:15 PM Sun: 7 AM 10:15 PM Wed, Thu, Sat: 8 AM - 7 PM

LITERATURHAUS

Visit: Salvatorplatz 1 Call: 089 2919340 Walking time from the office: Viktualienmarkt: 1km (12 minute walk) Salvatorplatz: 24m (1 minute walk)

Opening Hours: Everyday: 10 AM - 7 PM





FRAUENKIRCHE

Visit: Frauenplatz 12 Call: 089 2900820 Walking time from the office: Viktualienmarkt: 650m (8 minute walk) Salvatorplatz: 500m (6 minute walk) Opening Hours:

Mon - Sun: 7:30 AM - 8:30 PM





THEATINERKIRCHE

Visit: Salvatorplatz 2A Call: 089 2106960 Walking time from the office: Viktualienmarkt: 1km (13 minute walk) Salvatorplatz: 110m (1 minute walk) Opening Hours:

Mon - Thu: 8 AM - 12:30 PM and 1:30 PM - 5 PM Fri: 9 AM - 1 PM





JÜDISCHES MUSEUM

Visit: St.-Jakobs-Platz 16 Call: 089 23396096 Walking time from the office: Viktualienmarkt: 350m (4 minute walk) Salvatorplatz: 1.1km (14 minute walk) Opening Hours: Tue - Sun: 10 AM - 6 PM

NEUES RATHAUS

Visit: Marienplatz 8 Call: 089 23300 Walking time from the office: Viktualienmarkt: 450m (6 minute walk) Salvatorplatz: 600m (8 minute walk) Opening Hours: Mon - Sat: 9 AM - 6 PM



Over and out.