Munich, Germany

THE GUIDE

The essential neighborhood guide for the curious Mindspacer.
WELCOME TO THE HIGH LIFE

The Mindspace experience extends far beyond the corners of your work desk. It is one of discovery, cultural immersion, balance, and high quality living.

This little pocket book is here to help you see, taste, feel, celebrate, and unlock the best of what your Mindspace neighborhood is hiding up its sleeve - all within walking distance. We encourage you to invite your fellow Mindspacers to join you.

At your service,
The Mindspace Team
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Eat
**THAI ATRIUM**

Just a couple of minutes away from our office and inside the Arco Palais Innenhof, Thai Atrium serves authentic dishes in the Thai style. The staff, who always have a smile on their faces, put a smile on yours as well when they serve the food! With mouth-watering dishes all over the menu, you will definitely want to try more.

Don't leave before you brave the best papaya frites outside of Thailand.

**Distance from Mindspace:**
- Viktualienmarkt: 1.2km (14 minute walk)
- Salvatorplatz: 210m (3 minute walk)

Visit: Briennerstraße 10
Call: 089 45212755

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**EATALY**

No one can resist exquisite Italian pasta and pizza. Eataly is the place to go if you want to feel like you’re stepping into Italy for a few hours. Everything is so good, it’s hard to decide where to start! The good news is that you get 10% off when you show your Mindspace card.

Don't leave before you eat the Neapolitan style pizza.

**Distance from Mindspace:**
- Viktualienmarkt: 140m (2 minute walk)
- Salvatorplatz: 1.2km (15 minute walk)

Visit: Viktualienmarkt 15
Call: 089 248817711
BAR COMMERCIAL

Bar Commercial is a great restaurant/bar for a casual after-work bite to eat. Located right inside the Fünf Höfe shopping center between Marienplatz and Odeonplatz, you'll soon make this your regular after work spot!

Don't leave before you tear apart the cheesy pizza.

Distance from Mindspace:
Viktualienmarkt: 850 (10 minute walk)
Salvatorplatz: 220m (3 minute walk)

Visit: Theatinerstraße 16
Call: 089 20700266

BELLA ITALIA

Situated right in front of our Mindspace office, this restaurant is a great comfortable place for a quick Italian meal.

Don't leave before you try the thin crust pizza.

Distance from Mindspace Stachus:
60m (1 minute walk)

Visit: Herzog-Wilhelm-Straße 8
Call: 089 593259
SOUMI SOUPS AND BANH MI

Simple, yet delicious and authentic Vietnamese food will surprise you at this unfussy restaurant. Here you’ll be transformed from being completely nonchalant about a baguette to falling in love in just one bite.

Don’t leave before you eat the Vietnamese baguette.

Distance from Mindspace:
Viktualienmarkt: 290m (4 minute walk)
Salvatorplatz: 850m (11 minute walk)

Visit: Sendlinger Straße 7
Call: 089 25549169
PRINZ MYSHKIN

Munich has great options for everyone, and Prinz Myshkin is the destination for vegans who enjoy modern and international cuisine with a twist! With minimalistic architecture and reasonable prices, you can indulge in a wide range of delicious creative dishes from around the world.

Don’t leave before you dip your spoon into the best triple chocolate mousse you’ve ever tasted.

Distance from Mindspace:
- Viktualienmarkt: 400m (5 minute walk)
- Salvatorplatz: 950m (11 minute walk)

Visit: Hackenstraße 2
Call: 089 265596
BOHNE & MALZ AM STACHUS

A restaurant that will surprise you with its variety of food and drink, and moreover the location - it's just a stone's throw away from Mindspace! From breakfast to evening cocktails, this restaurant has an option for every time of the day!

Distance from Mindspace Stachus:
110m (1 minute walk)

Visit: Sonnenstraße 11
Call: 089 557179

BAR-I-CENTRO

An insider's tip: this hidden beauty tucked in Viktualienmarkt is small but cozy, and is a restaurant to remember. During the summer, you can enjoy the sun and some excellent people watching, with their outdoor seating options.

Distance from Mindspace:
Viktualienmarkt: 170m (2 minute walk)
Salvatorplatz: 1km (12 minute walk)

Visit: Sebastiansplatz 5
Call: 089 23259980

Don't leave before you have all the different business specials during the week.

Don't leave before you taste the daily special - a new surprise every day!
OPATIJA AM ALTEN PETER

Fresh Mediterranean food and drink, including succulent grilled meat, silky vegetables, and creamy pasta. High quality and reasonably priced is the name of the game at this restaurant, which is located close to our office.

Don't leave before you try the crispy chicken burger.

Distance from Mindspace:
- Viktualienmarkt: 220m (3 minute walk)
- Salvatorplatz: 750m (9 minute walk)

Visit: Rindermarkt 2
Call: 089 23231995
MUSTAFA’S GEMÜSE KEBAB

The Holy Grail of kebabs in Munich, you’ll never see this place without a queue. Every single kebab on their menu is delicious - this place is worth the wait.

Don’t leave before you sample the heavenly chicken doner with vegetables.

Distance from Mindspace Stachus:
200m (3 minute walk)

Visit: 21-24 Stachus
Call: 0176 33 3666999

IL SOGNO

Don’t miss this Italian treasure in the heart of the city. Delicious food, great drinks and warm Italian hospitality - what more can you want from a restaurant?

Don’t leave before you try the special dessert.

Distance from Mindspace Stachus:
240m (3 minute walk)

Visit: Kapellenstraße 1
Call: 089 24209364
MAX PETT

Another great vegan option in the city, Max Pett has a wide selection of delicious dishes, with lunch specials that change every day. This cool space has options for everyone - even the raw foodies among us! Don’t forget to leave room for their amazing desserts.

Don’t leave before you try the vegan Schnitzel.

Distance from Mindspace Stachus:
600m (8 minute walk)

Visit: Pettenkoferstraße 8
Call: 089 55869119

BANYAN

Your attention will be grabbed from the first step into the cute little entrance with the tiny door, before you even taste the food! This reliable restaurant with hearty dishes and a variety of drinks has a great deal to satisfy any foodie out there.

Don’t leave before you indulge with the duck and ginger pak choi.

Distance from Mindspace Stachus:
1.2km (15 minute walk)

Visit: Goethestraße 68
Call: 089 5309321
After hours
PUSSER’S BAR

An unforgettable quaint bar that brings its classic history to you with its drinks, atmosphere and staff. They not only have a mix of classic drinks and cocktails, but they also mix live piano into your experience at the bar!

Don’t leave before you sip on the famous Pusser’s Painkiller.

Distance from Mindspace:
Viktualienmarkt: 600m (7 minute walk)
Salvatorplatz: 700m (9 minute walk)
Stachus: 1.2km (14 minute walk)

Visit: Falkenturmstraße 9
Call: 089 220500

LUCKYWHO

Lucky who? Lucky you, if you dine, drink and dance at this place. Whether you go for an after-work drink or simply a casual meetup with friends, LuckyWho will offer you drinks and food with fresh, high quality ingredients that will make your evening!

Don’t leave before you end the evening with a sweet dance on the dance floor.

Distance from Mindspace:
Viktualienmarkt: 1.2km (15 minute walk)
Salvatorplatz: 280m (4 minute walk)

Visit: Brienner Straße 14
Call: 089 20922071
HAVANA CLUB

This Cuban treasure in the middle of the city awaits you for a pleasant experience with their authentic atmosphere and professional cocktails. The setting is so good that you’ll enjoy the dusky hours of your day at this famous bar, where you might even spot some film shooting!

Don’t leave before you taste their amazing selection of rum.

Distance from Mindspace:
Viktualienmarkt: 700m (9 minute walk)
Salvatorplatz: 1.1km (14 minute walk)

Visit: Herrnstraße 30
Call: 089 291884

TABACCO

Have you ever wanted to be in the Godfather movie, sipping whiskey in a leather armchair in a dim-lighted environment? Yes? Well, Tabacco is the place for you then. It’s famous for after-hour drinks in an unfussy atmosphere where you can relax and enjoy your evening.

Don’t leave before you eat the roast beef with freshly grated horseradish.

Distance from Mindspace:
Viktualienmarkt: 750m (9 minute walk)
Salvatorplatz: 350m (5 minute walk)
Stachus: 650m (8 minute walk)

Visit: Hartmannstraße 8
Call: 089 227216
KILIAN’S IRISH BAR / NED KELLY’S AUSTRALIAN BAR

This bar’s got it all - beer, live music nights, pub grub, sports on the TVs and everything else you’d want. During summers, Killian’s terrace offers beautiful views of Munich’s Frauenkirche.

Don’t leave before you live the Irish way and Guinness it.

Distance from Mindspace:
Viktualienmarkt: 600m (7 minute walk)
Salvatorplatz: 550m (7 minute walk)
Stachus: 700m (9 minute walk)

Visit: Frauenplatz 11
Call: 089 24219899

COLE & PORTER

Bar, food, wine or coffee, Cole & Porter is an all-in-one place. You can comfort yourself with a coffee and cake in the evening or a zesty cocktail from the cool bartenders who always have a smile ready!

Don’t leave before you pair your drink with the tiramisu tort with raspberries.

Distance from Mindspace:
Viktualienmarkt: 400m (5 minute walk)
Salvatorplatz: 900m (11 minute walk)

Visit: Sendlinger Straße 10
Call: 089 81893854
AFTER HOURS
Mindspace City Guide

**JADE MONKEY**

A small but perfect place for handcrafted cocktails and great ambiance. A speakeasy with a lot to offer - this place is a perfect addition to the Munich bar scene.

Don’t leave before you try passionately-crafted old fashioned cocktails.

**Distance from Mindspace:**
Viktualienmarkt: 800m (10 minute walk)
Salvatorplatz: 1.2m (15 minute walk)
Stachus: 280m (3 minute walk)

**Visit:** Herzog-Wilhelm-Straße 25
**Call:** 089 26949401

**BAR CENTRALE**

You don’t have to go all the way to Italy to enjoy the scene - just go to this cute and traditional Italian bar with a quiet, relaxed environment. Not very far away from Mindspace, Bar Centrale offers both coffee and drinks to make you smile.

Don’t leave before you have the well-known breakfast or brunch.

**Distance from Mindspace:**
Viktualienmarkt: 450m (6 minute walk)
Salvatorplatz: 850m (10 minute walk)

**Visit:** Ledererstraße 23
**Call:** 089 223762
Munich is happy as Heiligeist 1 is back after a break. Though small in size, this place attracts a great crowd, with a mix of regulars from young to old, where everyone can talk to everybody in this lovely cute bar.

Don't leave before you taste their incredible ice cream.

Distance from Mindspace:
Viktualienmarkt: 230m (3 minute walk)
Salvatorplatz: 900m (11 minute walk)
Stachus: 1km (12 minute walk)

Visit: Heiliggeiststraße 1
Call: 089 46229521

If not for the drinks, go to Kennedy's for the buzzing atmosphere, and the rest is what you make of it! Situated right outside Sendlinger Tor, this place is always busy with a great crowd, fun energy and delicious food and drinks.

Don't leave before you try their surprisingly delicious burger and fries.

Distance from Mindspace Stachus:
500m (6 minute walk)

Visit: Sendlinger-Tor-Platz 11
Call: 089 59988460
**PATOLLI**

A small café bar nestled between busy shopping streets, Patolli is a splendid café and vibrant bar at night. A perfect place for after-work drinks or coffee, the atmosphere is very casual and simple, encouraging you to focus on the conversation.

Don’t leave before you sip their well-known coffee.

**Distance from Mindspace:**
- Viktualienmarkt: 650m (8 minute walk)
- Salvatorplatz: 1.3km (17 minute walk)
- Stachus: 500m (6 minute walk)

Visit: Sendlinger Straße 62
Call: 089 89058312
**THE DRUNKEN DRAGON BAR**

With its mythical creatures and artistic paintings on the wall, and a Chinese-themed menu, this bar/restaurant is a special site in the city. You can't help but notice not just the name, but also the neon lights when you pass by on the street.

**Don't leave before you** eat the chicken mushroom and spicy peanut dumplings.

**Distance from Mindspace Stachus:**
800m (10 minute walk)

**Visit:** Müllerstraße 51
**Call:** 089 24216115
Coffee
Located adjacent to our office and inside the LiteraturHaus, this coffee place not only offers a comfortable location and great coffee, but also a great view of Frauenkirche to look at while sipping your coffee.

Don't leave before you have the boeuf tartare & quiche ‘OskarMaria’.

Distance from Mindspace:
- Viktualienmarkt: 1.0km (12 minute walk)
- Salvatorplatz: 140m (2 minute walk)

Visit: Salvatorplatz 1
Call: 089 29996029

If you are confused about getting coffee or chocolate, Beluga is the place to be. Located a few feet below our office, this small and cute treasure tempts you to try all their delicacies in one take!

Don't leave before you delight in the hot chocolate.

Walking time from the office:
- Viktualienmarkt: 67m (1 minute walk)
- Salvatorplatz: 950m (11 minute walk)

Visit: Viktualienmarkt 6
Call: 089 23231577
Yet another great café located close to our office, hidden in the lovely streets of Salvatorplatz. It’s not just coffee and pastries that they offer, but also ice cream to chill your soul during the summer season!

**MÜNCHNER FREIHEIT**

Don’t leave before you taste at least 5 different flavours of ice cream.

Distance from Mindspace:
Viktualienmarkt: 1.2km (12 minute walk)
Salvatorplatz: 130m (2 minute walk)

Visit: Salvatorplatz 2
Call: 089 292457

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**SCHMALZNUDEL - CAFÉ FRISCHHUT**

Everyone in the city knows this café as “Schmalznudel”, since they’re famous for celebrating the Bavarian dessert. The inviting aroma of the fresh noodles and brewing coffee when you pass through the café will also pull you inside! Worth the walk.

Don’t leave before you have a Schmalznudel!

Distance from Mindspace:
Viktualienmarkt: 90m (1 minute walk)
Salvatorplatz: 1km (12 minute walk)

Visit: Prälat-Zistl-Straße 8
Call: 089 26023156
STEREO CAFÉ

This hidden gem is a great place for anyone who wants to chill during a break at work or simply meet friends on the weekend. The café has a neat view of the city that you can enjoy while sipping your coffee or tea.

Don’t leave before you try the sweet avocado in cardamom yogurt.

Distance from Mindspace:
Viktualienmarkt: 800m (9 minute walk)
Salvatorplatz: 300m (4 minute walk)

Visit: Residenzstraße 25-26
Call: 089 24210143

Aran

A great place for coffee and sandwiches, Aran is the perfect place to head into for a quick snack. Known for their homemade bread and delicious desserts, you won’t leave hungry!

Don’t leave before you have the breakfast with bread and coffee.

Distance from Mindspace:
Viktualienmarkt: 800m (9 minute walk)
Salvatorplatz: 230m (3 minute walk)

Visit: Theatinerstraße 12
Call: 089 25546982
KAFFEERÖSTERREI

If the cute look of the café doesn’t attract you, the smell of coffee coming from this café will do the magic! You won’t be surprised by how it’s always full (some say it’s the best coffee in town), as the quality speaks for itself.

Walking time from the office:
Viktualienmarkt: 160m (2 minute walk)
Salvatorplatz: 1km (13 minute walk)

Visit: Viktualienmarkt Abteilung III/Stand 3/26
Call: 089 2609086

Don’t leave before you sip their coffee.

CAFÉ NYMPHENBURG SEKT

Just a hop away from our office and right at the corner of Viktualienmarkt, this café offers you great coffee, food, wine, and also good vibes. It welcomes you with green wooden doors and warm smiles and persuades you to spend quality time with your friends.

Walking time from the office:
Viktualienmarkt: 54m (1 minute walk)
Salvatorplatz: 1km (13 minute walk)

Visit: Viktualienmarkt 2 Stand 5
Call: 089 23239660

Don’t leave before you sample the truffle toast.
**CAFÉ CORD**

This large, spacious, and attractive café offers a lot to their guests, and is great for any meal after brunch. Just a couple of minutes away from the office, you can get a lot of German and international dishes at this café.

- **Don't leave before you** sit on the terrace during summer.
- **Distance from Mindspace Stachus:** 190m (2 minute walk)
- **Visit:** Sonnenstraße 19
- **Call:** 089 54540780

**CAFÉ LUITPOLD**

Anyone who has been living in Munich long enough will surely suggest this café due to its history from the 19th century. Guests can enjoy their coffee and pastry in this elegant café inside or outside - either way the view is beautiful.

- **Don't leave before you** have a slice of the blackforest cake.
- **Distance from Mindspace Stachus:** 1km (12 minute walk)
- **Visit:** Brienner Straße 11
- **Call:** 089 2428750
Necessities

**PHARMACY**

- **Loewen Apotheke**, Blumenstraße 1  
  Distance from Mindspace Viktualienmarkt: 180m (2 minute walk)

- **Engel Apotheke**, Theatinerstraße 45  
  Distance from Mindspace Salvatorplatz: 350m (4 minute walk)

- **Dr. Beckers Central Apotheke**, Karlsplatz 11  
  Distance from Mindspace Stachus: 230m (3 minute walk)

**POSTAL SERVICE**

- **DHL Packstation**, Georg-Kronawitter-Platz 2  
  Distance from Mindspace Viktualienmarkt: 350m (4 minute walk)

- **DHL Packstation**, Unsöldstraße 9 Filialungebunden  
  Distance from Mindspace Salvatorplatz: 1.2km (15 minute walk)

- **DHL Packstation**, Adolf-Kolping-Straße 4 Filialungebunden  
  Distance from Mindspace Stachus: 260m (4 minute walk)

**SUPERMARKET**

- **REWE**, Muellerstraße 3  
  Distance from Mindspace Viktualienmarkt: 400m (4 minute walk)

- **REWE**, Theatinerstraße 14  
  Distance from Mindspace Salvatorplatz: Theatinerstraße 14

- **Edeka**, Underground of U-bahn station Karlsplatz  
  Distance from Mindspace Stachus: 160m (2 minute walk)
Sleep
This picture-perfect luxury boutique hotel will mesmerize on the first look. With a great selection of tasteful rooms, guests can expect super-attentive service and great attention to detail. If anything, stay here for the innovative architecture and the delicious dim sum in their restaurant.
Right next to the local brewery Hofbrauhaus, Platz Hotel is run by the third generation of the Inselkammer family that takes pride in their traditional set-up. The staff is warm and hospitable, and provides you with the comfort you’re looking for during your stay.

Book: 089 237030
platzl.de

Distance from Mindspace:
Viktualienmarkt: 500m (6 minute walk)
Salvatorplatz: 700m (9 minute walk)
HOTEL MERCURE
Hotterstraße 4

Run by Accorhotels, Mercure offers simple and unfussy, yet modern decor, and is a business or pleasure hotel destination for many people. With a great view and air conditioned rooms, Hotel Mercure offers a large range of options, with 80 spacious rooms.

Book: 089 232590
accomhotels.com
Distance from Mindspace:
Viktualienmarkt: 450m (5 minute walk)
Salvatorplatz: 750m (9 minute walk)

HOTEL BLAUE BOCK
Sebastiansplatz 9

One of the chicest hotels in the city center, Blaue Bock has tradition, history, friendly guests and amazing rooms. A hotel where antique and modern goes hand-in-hand, it’s close to everything in the city, which makes it even more attractive to locals.

Book: 089 231780
hotelblauerbock.de
Distance from Mindspace:
Viktualienmarkt: 150m (2 minute walk)
Salvatorplatz: 1km (13 minute walk)
The arts
ST. PETER'S CHURCH

Visit: Rindermarkt 1
Call: 089 21023760
Walking time from Mindspace Stachus:
750m (9 minute walk)
Opening Hours:
Everyday: 10 AM - 6:30 PM

ST. MICHAEL'S CHURCH

Visit: Neuhauser Straße 6
Call: 089 2317060
Walking time from the office:
Viktualienmarkt: 650m (7 minute walk)
Salvatorplatz: 650m (7 minute walk)
Opening Hours:
Mon, Fri: 10 AM - 7 PM
Tue: 8 AM - 8:15 PM
Sun: 7 AM - 10:15 PM
Wed, Thu, Sat: 8 AM - 7 PM

LITERATURHAUS

Visit: Salvatorplatz 1
Call: 089 2919340
Walking time from the office:
Viktualienmarkt: 1km (12 minute walk)
Salvatorplatz: 24m (1 minute walk)
Opening Hours:
Everyday: 10 AM - 7 PM
FRAUENKIRCHE

Visit: Frauenplatz 12  
Call: 089 2900820  
Walking time from the office:  
Viktualienmarkt: 650m (8 minute walk)  
Salvatorplatz: 500m (6 minute walk)  
Opening Hours:  
Mon - Sun: 7.30 AM - 8.30 PM

THEATINERKIRCHE

Visit: Salvatorplatz 2A  
Call: 089 2106960  
Walking time from the office:  
Viktualienmarkt: 1km (13 minute walk)  
Salvatorplatz: 110m (1 minute walk)  
Opening Hours:  
Mon - Thu: 8 AM - 12.30 PM and 1.30 PM - 5 PM  
Fri: 9 AM - 1 PM
JÜDISCHES MUSEUM
Visit: St.-Jakobs-Platz 16
Call: 089 23396096
Walking time from the office:
Viktualienmarkt: 350m (4 minute walk)
Salvatorplatz: 1.1km (14 minute walk)
Opening Hours: Tue - Sun: 10 AM - 6 PM

NEUES RATHAUS
Visit: Marienplatz 8
Call: 089 23300
Walking time from the office:
Viktualienmarkt: 450m (6 minute walk)
Salvatorplatz: 600m (8 minute walk)
Opening Hours: Mon - Sat: 9 AM - 6 PM
Over and out.