THE GUIDE



The essential neighborhood guide for the curious Mindspacer.

MINDSPACE

WELCOME TO THE HIGH LIFE

The Mindspace experience extends far beyond the corners of your working desk. It is one of discovery, culture immersion, balance, and high quality living.

This little pocket book is here to help you see, taste, feel, celebrate, and unlock the best of what your Mindspace neighborhood is hiding up its sleeves. And feel free to invite your fellow Mindspacers to join you.

At your service, The Mindspace Team

MINDSPACE

Mindspace neighborhood map

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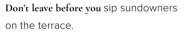
NECESSITIES	SLEEP	EXPLORE THE ARTS
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Eat

HOTEL MONTEFIORE

Located in the Montefiore Boutique Hotel, perfect for special occasions and for days you just feel classy and stylish. The restaurant offers French cuisine cast with a Vietnamese twist, and also, a famous breakfast.



Walking time from the office: 150m (2 minute walk)

Visit: 36 Montefiore St. Call: 03 564 6100



PORT SAID

The holy grail of Tel Aviv, Port Said is the most popular spot for a casual sitting in town. Enjoy flowing food and drinks backed by an impressive vinyl collection spun by rotating DJs. Finger licking Mediterranean share plates are laid out on a long roll of brown paper for you to eat off. Cutlery is optional.





Don't leave before you delight in french toast with apricot jam, and crème fraîche.

Walking time from the office: 230m (3 minute walk)

Visit: 5 Har Sinai St. Call: 03 620 7436



AMERICA BURGERS

Super juicy, melt-in-your-mouth burgers (some say the best in town) are mastered at this forever-busy, very fun, reliable corner joint. Get yourself down to America Burger for a meal of unashamed guilty pleasure and American authenticity.

Don't leave before you finish your plate of frickles (fried pickles).

Walking time from the office: 160m (2 minute walk)

Visit: 112 Allenby St. Call: 03 528 0281

AIVIERICA DURGERS

THE THAI IN HAR SINAI

This hip and swinging Thai restaurant simply gets it right. The food is totally authentic and the bartenders are having the time of their life. Think spicy and salty plates washed down with refreshingly sour cocktails. Divine.

Don't leave before you brave the spiciest papaya salad outside of Thailand.

Walking time from the office: 270m (3 minute walk)

Visit: 1 Har Sinai St. Call: 054 201 7132









NORTH

ABRAXASS

Of Eyal Shani's (Israel's king of the kitchen) varied restaurant collection, this is his upscale option, where the best and freshest ingredients take center stage. The food is made with love, and most nights end with bar-top dancing to Middle Eastern hits. The chraime fish and beetroot carpaccio are divine.

Don't leave before you spoon the best chocolate mousse you'll ever taste.

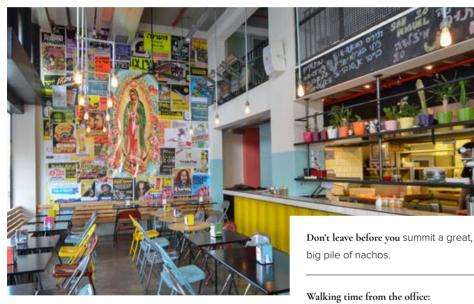
Walking time from the office: 450m (6 minute walk)

Visit: 40 Lilienblum St. **Call:** 03 516 6660



TAQUERIA

Yes, Tex-Mex in Israel exists. And these guys pull it off extremely well. This noisy, brightly decked-out establishment is fun with a kitchen that opens up to the hip crowd of diners and margaritas that run the show. Nachos, tacos, quesadillas, burritos, and lots of tequila - get it?





400m (5 minute walk)

Visit: 28 Levontin St. **Call:** 03 600 5280





Don't leave before you celebrate chicken schnitzel.

Walking time from the office: 190m (2 minute walk)

Visit: 43 Ahad Ha'am St. Call: 03 566 3018







CAFE NOIR

Lunch and dinner, look no further. Cafe Noir is as reliable as they get. Walk into an honest Paris-style sidewalk bistro for delectable appetizers and mains. Most stomachs come for the world's most perfect schnitzel - Mindspace comes for the fire grilled eggplant/lamb ragu combo, and ceviche.





After hours

HERZL 16

Enter through the lush courtyard of this busy Tel Aviv bar where the cocktails are delicious and the attached izakaya, Disco Tokyo, folds hot and tasty dumplings. Inside, a live music stage hosts a highly-curated schedule of local bands, as well as world music and international DJs.



Don't leave before you drink a Jasmine cocktail. It's perfect.

Walking time from the office: 600m (7 minute walk)

Visit: 16 Herzl St. Call: 03 554 4300





Patio

BELLBOY

A cocktail bar in its purest form, Bellboy creates the most radical drink experiences in the city. The bartenders are true wizards - expect dry ice, smoke, bubbles, and fire. Look out for Butler while you're there - it's their hidden speakeasy and it's great for private events.





CAFE EUROPA

A stylish bar/restaurant for cocktails and fancy small plates that attracts an elegant crowd. On Thursday nights, get spot on the bar of the upstairs terrace to get up close and personal with the DJ. You don't need to book ahead up there, so you can play things by ear.



Don't leave before you drink a Hemingway Daiquiri.

Walking time from the office: 1.1km (14 minute walk)

Visit: 14 Berdyczewski St. Call: 03 728 9213



Don't leave before you Try the fried calamari.

Walking time from the office: 500m (6 minute walk)

Visit: 9 Rothschild Blvd. Call: 03 525 9987

BICICLETTA

A neighborhood mainstay, Bicicletta is graced by one of Tel Aviv's most epic outdoor seating areas. The vibes are unbeatable out here, all year round. The drinks are simple, but delicious, and the food hits the hunger spot with great dishes for sharing. Try it all.





Don't leave before you snack on eggplant chips.

Walking time from the office: 600m (7 minute walk)

Visit: 29 Nahalat Binyamin St. Call: 03 643 3097

TEDER.FM

Through an unassuming door you'll find a radio station that spills onto a giant atrium buzzing with live music, big cups of beer, and enormous margarita pizzas. Some say, its the best margarita outside of Napoli. But it's really all about the music here, with a hefty schedule of international artists live on air.



Don't leave before you melt over their epic pizza.

Walking time from the office: 900m (11 minute walk)

Visit: 9 Derech Yafo St. Call: 03 571 9622







Don't leave before you have a Ramen of any kind,

400m (5 minute walk)

Visit: 57 Nahalat Binyamin St. Call: 03 672 5318





MENTENTEN

 ${
m M}$ en Tenten makes you feel like you've just stepped into Japan. It has an authentic vibe and the Japanese dishes are true to the original. Although you should try everything on the menu, you can't go wrong with getting one of the three delicious Ramen dishes they showcase.

BRUT



Make it a fine experience at this tiny restaurant and wine bar. With a rotating, seasonal menu, the dishes are exquisite, fresh and very precise. The highly curated wine list is long, and the knowledgeable staff will assist you with some very serious pairing.

DALIDA BAR



This intimate lair is a dream come true. Decked out in royal blue, everyone sits around a long bar that takes up the entire space and is shared with the chef and bartender, too. Drink negronis and eat their tiny but mouth-watering dishes.

Don't leave before you share a spicy feta bruleé.

Walking time from the office: 650m (8 minute walk)

Visit: 7 Zvulun St. Call: 03 536 9627



Don't leave before you scan the wine list.

Walking time from the office: 400m (5 minute walk)

Visit: 36 Nahalat Binyamin St. Call: 03 510 2923



SOCIAL CLUB

F ix up, look sharp, and make your way downstairs. Nestled in the courtyard between Mindspace Rothschild and Mindspace Ahad Ha'am, Social Club welcomes a stylish crowd each evening for the 'Modern Bistro' experience. Modern it is, with French classics, good wine, impeccably mannered waitstaff, and swing music.



Don't leave before you try the Mexico City style tuna.

Walking time from the office: Just downstairs

Visit: 45 Rothschild Blvd. Call: 03 560 1114





Coffee





BUCKE CAFE

An awesome neighborhood hangout that spills onto the street, Bucke is a home away from home for every woman, man, and their dog. There's a super friendly spirit in the area - perhaps its an outcome of the enormous spreads they present on giant trays that fill the table. Yum.

Don't leave before you power through a country platter.

Walking time from the office: 800m (10 minute walk)

Visit: 91 Ahad Ha'am St. Call: 03 554 1262



NORDINYO

COFFEE

This magical deli overlooks Nahalat Binyamin Street through a cooled showcase packed with delicious sandwiches and sweet and savory pastries. The coffee here is just as good as the pastries - the place is equipped with the first coffee machine of its kind in the country. The menu includes breakfast sandwiches in croissants and bite buns, baguette lunches, whole bread, pretzels, and other delicacies.

Don't leave before you bite into the dreamy fluffy Mauritozzo Cattelan.

Walking time from the office: 700m (8 minute walk)

Visit: 27 Nahalat Binyamin St. Call: 03 672 5318



ROTHSCHILDA

Located at the heart of the boulevard, in a

historical kiosk, Rothschilda cafe offers delicious

sandwiches, salads, and pastries with a neighborly

service for residents and visitors alike. Grab a

coffee and a snack for a picnic in the city vibe.

Don't leave before you have a slice

Walking time from the office:

Visit: 81 Rothschild Blvd.

400m (5 minute walk)

of carrot cake.





SHELEG

An all-time favorite, Sheleg stands its ground as a very reliable spot that delivers solid cafe food and good vibes. Around an eclectic mix of tables and chairs, entrepreneurs tap away on their laptops and friends get stuck into their meals. It's great for a classic Israeli breakfast.

Don't leave before you crunch on the fennel salad.

Walking time from the office: 500m (6 minute walk)

Visit: 44 Geula St. Call: 03 510 1710



CORTADO

For a perfect cup of coffee, a sweet treat, or a pocket sandwich, head to this on-the-go hole-ina-wall. It is both very cute and very serious about its quality control.

Don't leave before you order a cortado, naturally.

Walking time from the office: 350m (4 minute walk)

Visit: 53 Nahalat Binyamin St. Call: 052 858 6851



CITIZEN GARDEN

Get cleansed at this beautiful cafe, with a particularly joyful courtyard to host your cravings for nourishment bowls, big salads and toast variations. They also have a very unique bar that serves a range of speciality lattes, elixirs and cleansing juices with ingredients like activated charcoal!

Don't leave before you drink a warm cup of golden milk.

Walking time from the office: 400m (5 minute walk)

Visit: 15 Montefiore St. Call: 054 556 6431

Necessities

Super-Pharm 115 Allenby St. Walking time fr

Walking time from the office: 350m (4 minute walk)

Israel Postal Company 7 Mikveh Israel St.

POSTAL SERVICE

Walking time from the office: 400m (5 minute walk)

SUPERMARKET

Walking time from the office: 350m (4 minute walk)

AM:PM 115 Allenby St.

Sleep

HOTEL MONTEFIORE

36 Montefiore St.



In a restored 1920s, art deco building, this luxury boutique hotel is picture-perfect. With just 12 fresh and tasteful rooms, guests can expect super attentive service and acute attention to detail. If anything, stay here for the magnificent modern art collection and the ground floor restaurant.

Book: 03 564 6100 hotelmontefiore.co.il

Walking time from the office: 160m (2 minute walk)



BROWN URBAN HOTEL

25 Kalischer St.



Combining dazzling retro design a strong emphasis on personalized service, the Brown TLV Hotel is boutique and refined, attracting a sophisticated mix of seasoned business travelers and lifestyle-driven explorers. The hotel offers 30 stylish bedrooms, a spacious living room, spa, sun-kissed rooftop sundeck with an open-air Jacuzzi tub, and an equipped boardroom.

Book: 03 717 0200 brownhotels.com/tlv

Walking time from the office: 550m (6 minute walk)

THE NORMAN

23-25 Nachmani St.

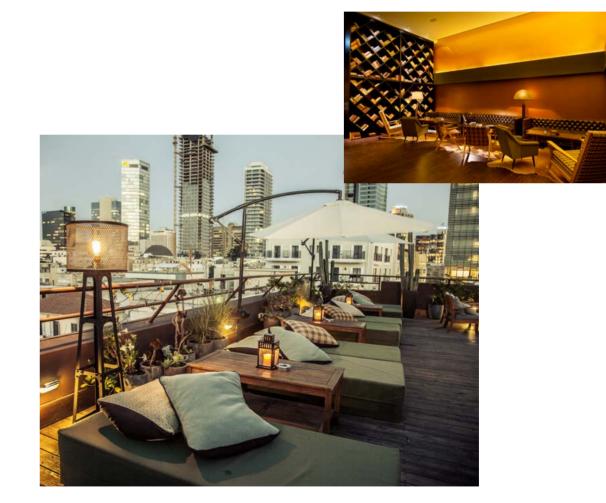




Could this be the loveliest boutique hotel on earth? The Norman inhales quality and exhales magnificence. It's small but totally generous, with wide hallways and high ceilings and luxurious suites. Art, rooftop infinity pool, flower arrangements, linen, buffet breakfast: it's all top of the line.

Book: 03 543 5555 thenorman.com

Walking time from the office: 240m (3 minute walk)



HOTEL B BERDICHEVSKY

14 Berdyczewski St.

Just a hop away from Habima Square, find 23 rooms, sleek interiors, a spa, and one of the best cocktail bars in town.



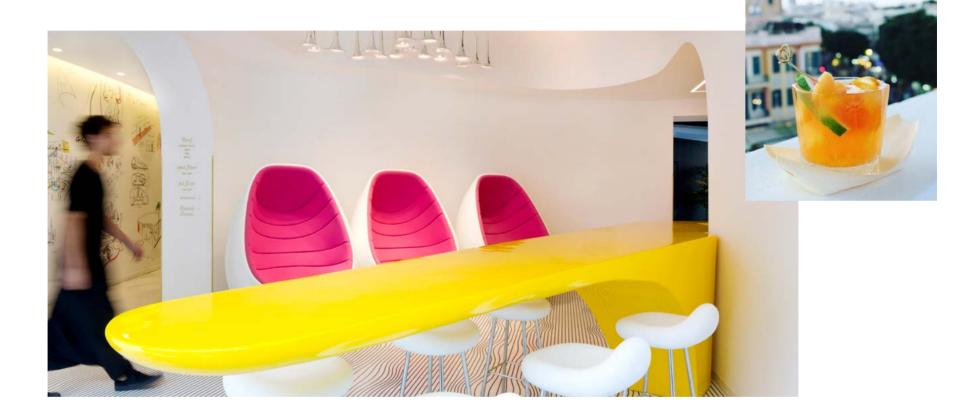


Book: 072 213 6226

POLI HOUSE

1 Nahalat Binyamin St.

One of the chicest hotels around, every corner of Poli House feels like it was borrowed from a contemporary art gallery you never want to leave. It's clean, it's spacious and it doesn't shy away from fluorescent color pops. The rooftop pool and bar are fabulous, attracting a high-brow crowd.





Book: 03 710 5000 brownhotels.com/poli

Walking time from the office: 850m (10 minute walk)

The arts

SOMMER CONTEMPORARY ART

Visit: 13 Rothschild Blvd.

Call: 03 516 6400

Walking time from the office: 400m (5 minute walk)

Opening Hours:

Mon-Thu 10 AM - 6 PM; Fri 10 AM - 2 PM; Sat 11 AM - 1 PM

GAL GAON GALLERY & TALENTS DESIGN STUDIO

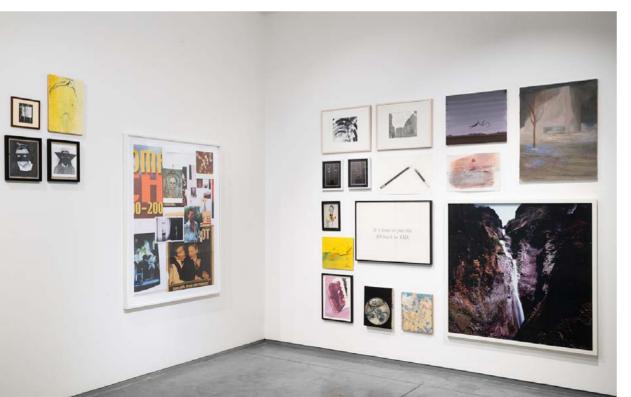
Visit: 44 Montefiore St. Call: 03 685 0666

Walking time from the office: 230m (3 minute walk)

Opening Hours: Sun-Thu 9 AM - 8.30 PM; Fri-Sat 9 AM - 2 PM









NOGA GALLERY OF CONTEMPORARY ART

Visit: 60 Ahad Ha'am St.

Call: 03 566 0123

Walking time from the office: 66m (1 minute walk)

Opening Hours: Mon-Sat 11 AM - 6 PM







CHELOUCHE GALLERY FOR CONTEMPORARY ART

Visit: 7 Maze St.

Call: 03 620 0068

Walking time from the office: 230m (3 minute walk)

Opening Hours: Mon-Thu 11 AM - 7 PM; Fri 10 AM - 2 PM; Sat 11 AM - 2 PM

Over and out.