

Melbourne Theatre Company acknowledges the Boon Wurrung and Wurundjeri Woi Wurrung peoples of the Kulin Nation, the Traditional Custodians of the land on which we work, create and gather.

We pay our respects to all First Nations people, their Elders past and present, and their enduring connections to Country, knowledge and stories. As a Company we remain committed to the invitation of the Uluru Statement from the Heart and its call for voice, truth and treaty.



### **Overview**

Held at our Southbank Theatre and in our rehearsal spaces, our corporate training workshops provide organisations with unique insight into the creative process and practices that we use at Melbourne Theatre Company.

We enable participants to understand and apply principles of performance, improvisation and creative thinking to the workplace.

Our facilitators bring skills and experience from working with Melbourne Theatre Company as performers, directors and creative producers on exceptional theatre productions, and as specialised workshop leaders for the Company, Victorian College of the Arts, University of Melbourne and other leading arts education institutions.





# **Outline**

### Training workshops offered

Workshops that focus on:

- Presentation skills
- Creative thinking and teamwork
- Improvisation for team-building and collaboration

### Who it's for

Our workshops are aimed at groups of 5–20 staff at any stage of their career.

### **Duration**

Each workshop lasts two hours, including breaks, and can be held Monday – Friday during business hours.



### **Presentation skills**

Learn the art of effective communication with skills such as connecting with an audience, presenting with relaxed confidence and creating meaningful dialogue.

Participants learn skills that professional performers use every day to maximise audience engagement and create an inspirational atmosphere that will generate conversation.

#### Outcome

**Benefits include:** 

- Understanding of effective presentation skills
- Ability to create dialogue with your audience
- Tools to manage nerves
- An understanding of your vocal strengths and challenges
- Increased confidence in front of an audience



# Creative thinking and teamwork

Participants explore the practices applied in the lifecycle of a Melbourne Theatre Company production, with unique insights into the process of planning, developing and presenting a live theatre performance.

The workshop is based around an extended activity with participants collaborating in teams to develop solutions to staging and design challenges in original scripts produced by the Company. Participants engage in blue-sky thinking before adapting their ideas to the venue and budget parameters. Groups then share their solutions and compare their ideas to the actual staging.

In addition to the facilitator, a guest from the Melbourne Theatre Company production department joins for a Q&A session with participants.

The workshop addresses:

- Understanding creative processes
- Applying creative thinking to problem-solving
- Collaborating in teams
- Analysing scenarios
- Formulating practical solutions to a creative challenge



# Improvisation for collaboration

In this workshop, participants explore skills and techniques in improvisation principles for leadership, creativity and collaboration. Through fun and engaging activities, participants learn the basic principles of improvisation and discover how to harness creativity and spontaneity. These tools can be applied in many and varied ways in our working lives.

#### **Principles included**

- Accepting offers
- Finding cooperative solutions in the moment
- Being bold and taking safe but creatively exciting risks
- Deep listening
- Saying goodbye to your inner critic

### Application in the workplace

- Thrive in meetings
- Work better in teams
- Be bold and confident when networking
- Feel at ease when speaking without preparation

# Tailor your experience

### We understand each team has unique requirements

Our dedicated team are more than happy to tailor the workshops to best meet your needs. Whether that be leadership skills or presenting on screen, we can work with your team to meet their professional goals.

### **Workshop extensions**

Extend your workshop to an all-day experience at the theatre. Each workshop can be coupled with a behind-the-scenes tour of Southbank Theatre or our HQ spaces, home to our renowned workshop and costume department.

### **Performance inclusions**

Further your time with Melbourne Theatre Company and offer your staff tickets to a production. We can organise premium theatre tickets from our reserved corporate allocation to reward your staff. A workshop followed by a matinée performance provides deeper engagement and memorable team training.



Contact us now to discuss your corporate workshop requirements

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