TOGETHER, WE CAN
CONQUER CAVITIES
Activity Book
Your dental professional works to keep your teeth healthy. What does your dental professional look like?

My dental professional is ________________________
Race your way through the maze.

Hint: Let healthy habits guide you, and don’t let the unhealthy foods steer you in the wrong direction.
Can you see what is different between these pictures? One difference has been spotted. Can you circle the remaining eight?
Circle the oral health-related words in the letter scramble below. Then place a check next to each one you've found. Good luck!

Toothbrush  Teeth
Cavity       Dentist
Floss        Plaque
Toothpaste   Mouthwash
Gums         Sugar

You might find them written horizontally ↔, vertically ↑↓, diagonally ↘↗, or even backward.

S E H N J K D H B T
S M K L H E E S O O
O D G T N F C U S O
L J E T L Y M R Z T
F E I X O E W B L H
T S I U U R N H G P
T E O Q X B N T U A
H S A W H T U O M S
A L S U G A R O S T
P U G C A V I T Y E
Can you help untangle the floss so they can keep their smiles healthy and bright? Trace the floss that leads to the boy and the floss that leads to the girl.

Remember to floss every day for a healthy smile!
Healthy Habits Build Healthy Teeth

Draw lines from items that will keep your teeth healthy to the Happy Tooth. Then connect the items that could hurt your teeth to the Sad Tooth.
**Find Your Way to Good Oral Health**

Race your way through the maze. 
Hint: Let healthy habits guide you, and don’t let the unhealthy foods steer you in the wrong direction.

**Spot the Difference**

Can you see what is different between these pictures? One difference has been spotted. Can you circle the remaining eight?

**Magical Brushing Word Search**

Circle the oral health-related words in the letter scramble below. Then place a check next to each one you’ve found. Good luck!

- Toothbrush
- Candy
- Floss
- Toothpaste
- Gums

You might find them written horizontally ↔, vertically ↓, diagonally ↘ or even backward.

**What a Tangle!**

Can you help untangle the floss so they can keep their smiles healthy and bright? Trace the floss that leads to the boy and the floss that leads to the girl.

Remember to floss every day for a healthy smile!

**Healthy Habits Build Healthy Teeth**

Draw lines from items that will keep your teeth healthy to the Happy Tooth. Then connect the items that could hurt your teeth to the Sad Tooth.