Hello Rooted Friends,

We are heading into week 4... nearly halfway already. Week 4 is about surrendering to God and understanding that His plans for us are perfect. Like this 11 week journey, it's a process to unravel and identify where we feel let down by God...AND...identifying times God has moved powerfully in your life. Identifying and wrestling with the reasons we struggle to surrender to God's will is important and healthy. I am grateful for your commitment to the Lord as you spend daily time with Him. I realize there are a lot of reasons to skip a lesson or miss our gathering so continue to stay the course. I Know God is already at work changing, molding and shaping us.

(Give details of your Prayer Experience - upcoming or as a recap)

Week 4: Bible Memory Verse

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7

Where is God in the midst of suffering?

Tough question. I know we have all wrestled with this one. Suffering is no respecter of age or race or social status; it hits us all. I am praying this week the Lord will speak to you in a way you need to hear. May you sense His presence in the midst of your suffering, whatever it may be.

(It is always important to share some part that is meaningful to you. This just reiterates that you are on this journey with them, lead by example)

I found day 3 and the "Double-Fisted Faith" portion to be especially powerful. The story of Shadrach, Meshach and Abednego has always intrigued me. Trust in a God who can deliver even when He doesn't; that is "double-fisted faith." Looking forward to hearing about the days of the week that touched you the most.

Here are the names of those who will be sharing their story this week: (names). Please pray for them as they are preparing their stories.

Please let me know if you have any questions at all. Looking forward to our time together on (DAY you meet)