

<b>EVENT 1: 10:00 - 12:00</b>			
<b>HEAT</b>		<b>NO. ATHLETES/TEAMS</b>	<b>TIME</b>
HEAT 1 - RX INDIVIDUAL Male + Female		15	10:00 - 10:20
<b>NO.</b>	<b>Athlete Name</b>	<b>Lane</b>	<b>Judge</b>
1	Carlos Alves		1 Gerhard Thirion
2	Hermann Kuschke		2 Wouter Vermeulen
3	Cornelius Phiri		3 Gerhard Snyders
4	Callie Geel		4 Johandri
5	Bothma Keyser		5 Victoria Iyambo
6	Virgil Limon		6 DR
7	Nicol Silimwe		7 Caris Ludik
8	Mika Pilzer		8 Katja Laborn
9	Alexander Kotze		9 Cecilia Meyer
10	De Wett Jones		10 Johan Lepen
11	Hywie Bampton		11 Elke Slinger
12	Willie Pretorius		12 Endeline Ouseb
13	Divan la Cock		13 Deonne Lubbe
14	Jessica Lofty-Eaton		14 Wentzel
15	Michelle Pilzer		15 Johann Mouton
HEAD JUDGE: CASTYN WINFIELD			

<b>HEAT</b>		<b>NO. ATHLETES/TEAMS</b>	<b>TIME</b>
HEAT 2 - RX TEAM Male + Female		11	10:25 - 10:45
<b>NO.</b>	<b>Team Name</b>	<b>Lane</b>	<b>Judge</b>
1	Bro Reps - MALE		1 Gerhard Thirion
2	CFP264 - MALE		2 Wouter Vermeulen
3	Damascus Swolios - MALE		3 Gerhard Snyders
4	M.A.D Men - MALE		4 Johandri
5	Partytjie - MALE		5 Victoria Iyambo
6	Team HSTL - MALE		6 DR
7	Beast Mode - FEMALE		7 Caris Ludik
8	Big Cook Little Cook - FEMALE		8 Katja Laborn
9	Hompie Kedompie - FEMALE		9 Cecilia Meyer
10	Two Stroke - FEMALE		10 Johan Lepen
11	Dynamic Divas - FEMALE		11 Elke Slinger
HEAD JUDGE: CASTYN WINFIELD			

HEAT		NO. ATHLETES/TEAMS	TIME
HEAT 3 - MASTERS TEAM Male + Female		7	10:50 - 11:10
NO.	Team Name	Lane	Judge
1	Damascus Anvils		1 Endeline Ouseb
2	Kill O Grams		2 Deonne Lubbe
3	Los(t) Legends		3 Wentzel
4	Ou Manne		4 Johann Mouton
5	Spook en Diesel		5 Elfrieda Kirsten
6	Damascus Punishers		6 Adel Oosthuizen
7	Fire & Ice		7 Ingo Oosthuizen
HEAD JUDGE: CASTYN WINFIELD			

HEAT		NO. ATHLETES/TEAMS	TIME
HEAT 4 - SCALED FEMALES		13	11:15 - 11:35
NO.	Team Name	Lane	Judge
1	Canaries		1 Endeline Ouseb
2	Dolls with Goals		2 Deonne Lubbe
3	Fit at heart		3 Wentzel
4	Foxy Force		4 Johann Mouton
5	Humble Duo		5 Elfrieda Kirsten
6	Just Peachy		6 Adel Oosthuizen
7	Lit		7 Ingo Oosthuizen
8	Namib Horseshoeing		8 Elzke
9	Power Bunnies		9 Hannah
10	Santa's Helpers		10 Gerhard Thirion
11	Thunder Thighs		11 Wouter Vermeulen
12	Cherry berries		12 Cecilia Meyer
13	Sweat For Fun		13 Johan Lepen
HEAD JUDGE: KATJA LABORN			

HEAT		NO. ATHLETES/TEAMS	TIME
HEAT 5 - SCALED MALES		13	11:40 - 12:00
NO.	Team Name	Lane	Judge
1	Avengers		1 Endeline Ouseb
2	Bro's 2 Bar		2 Deonne Lubbe
3	Hemp Aan Hemp Af		3 Wentzel
4	KlippeKou		4 Johann Mouton
5	Lenard and Tangeni		5 Elfrieda Kirsten
6	Phineas & Ferb		6 Adel Oosthuizen
7	Y-Gen-Z		7 Ingo Oosthuizen
8	Dirty lifters		8 Elzke
9	Taragoempies		9 Hannah
10	Lovable & Lazy		10 Gerhard Thirion
11	Eisbein		11 Wouter Vermeulen
12	Zula to Survive		12 Cecilia Meyer
13	Consistency		13 Johan Lepen
HEAD JUDGE: KATJA LABORN			