

NEW!



MY-IMMUNE DEFENSE

Fortify Your Immune System with a Daily Immune Boost!

A busy, hectic lifestyle often puts a serious strain on your immune system. But, immune-supporting mushrooms can help!

MY-Immune Defense is a potent blend of six organic mushrooms designed to stimulate your immune system and naturally promote overall health. This blend provides naturally occurring beta-glucans, amino acids and a powerful dose of vitamin D to enhance immune-supporting properties and deliver superior antioxidant and immune-system benefits.* Mushrooms are packed with nutrition, and many clinical studies tout their health benefits.

MY-Immune Defense powder was formulated with the help of top mycologists—really “fun guys” who know their ‘shrooms. Their expertise ensures that you get the optimal blend to deliver unbeatable, holistic health benefits. And it’s easily integrated into your daily routine.

BENEFITS

- Supports the immune system
- Supports physical endurance
- Provides anti-fatigue support
- Provides antioxidant support
- Provides naturally occurring Vitamin D—essential to an active, healthy immune system

HOW IT WORKS

Stress-induced immune system dysfunction can significantly impact health. But key nutrients with immune-modulating benefits provide excellent support. Mushrooms have been used medicinally for centuries, and their health benefits are recognized in preclinical and clinical studies. They have the ability to modulate the immune system, mainly due to the polysaccharides (β -glucans) found in their cell walls. MY-Immune Defense is designed exclusively with natural sources of beta-glucans and vitamin D for superior antioxidant and immunological benefits.

The human immune system has a first line of defense (the innate immune system) and a secondary, more specific defense (the adaptive immune system). Mushroom polysaccharides (beta-glucans) have been shown to stimulate BOTH of these systems, leading to immune cell activation and the production of messengers that positively regulate BOTH the innate and adaptive immune system branches.

Mushrooms in this formula were selected for their key benefits:

- Reishi, Turkey tail, Chaga and Shiitake mushrooms have the ability to stimulate immune cells by means of their beta-glucans, and they support a healthy immune response.
- Cordyceps has been widely used for its anti-fatigue properties. Studies show that taking cordyceps supports physical endurance and improves the metabolic threshold.
- White button (agaricus) mushroom is a nutrient-rich, vegetarian-friendly source of Vitamin D₂, which supports calcium homeostasis and innate immune response (first line of defense).

RECOMMENDED USE

Mix one scoop (3 g) of MY-Immune Defense into your favorite smoothie, juice or recipe for a nourishing boost of organic mushroom goodness! Use daily for best results.

KEY INGREDIENTS

Cordyceps, Reishi, Turkey tail, Chaga, Shiitake and Agaricus mushrooms. All ingredients (mycelia and/or fruit body) are organic, non-GMO, vegan, gluten-free and kosher.

Supplement Facts	
Serving Size 1 scoop (3g)	
Servings Per Container 30	
Amount Per Scoop	%DV
Calories	10
Carbohydrates	2 g 1%
Dietary Fiber	0.5 g 2%
Vitamin D	15 mcg 75%
Organic mushroom blend: †	
Cordyceps mushroom (mycelia) ^{††} , Reishi mushroom (fruit body & mycelia) ^{††} , Turkey tail mushroom (mycelia) ^{††} , Chaga mushroom (mycelia) ^{††} , Shiitake mushroom (fruit body & mycelia) ^{††} , Agaricus mushroom (fruit body) ^{††}	
†Daily Value not established.	
††Certified Organic Ingredient.	



MY-Immune Defense

Stock Number: 22470

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

NATURE'S SUNSHINE®