

NEW FORMULA

TURMERIC CURCUMIN NPN 80062212

60 VegCaps, Anti-Inflammatory/Antioxidant, Stock No. 238

Nature's Sunshine's Turmeric Curcumin VegCap contains 550 mg of turmeric root extract curcumin. Turmeric contains curcuminoids, the major active constituents of the root which gives turmeric its intense yellow pigment, antioxidant and anti-inflammatory properties. Due to the poor bioavailability of curcuminoids, Turmeric Curcumin also contains black pepper extract *piper nigrum* to enhance the bioavailability and absorption of curcumin.

Did you know?

In India turmeric root has been safely used as a spice and medicine for centuries. Today, it is consumed as a regular part of the Indian diet, at approximately 2-2.5 grams daily for an adult. This amount would provide approximately 40-100 mg of curcumin (powdered turmeric root contains about 2-4% curcumin). In traditional Indian Ayurvedic medicine, it has been used to assist rheumatic and inflammatory conditions, support digestion, gallbladder health and as a general tonic.

Ongoing and cumulative studies have revealed that curcumin has powerful properties that have a beneficial effect on pain and inflammation.

Many of curcumin's beneficial effects are attributed to its antioxidant and anti-inflammatory effects. Numerous animal, pre-clinical and clinical studies have demonstrated that curcumin has antioxidant, immune-modulating and anti-inflammatory activity. Curcumin is a potent free radical and nitric acid scavenger, helping protect cellular membranes in oxidative stress-mediated conditions. Curcumin inhibits several enzymes that mediate inflammatory processes, such as COX-2.

NSP Advantage

550 mg VegCaps of curcumin combined with black pepper extract for enhanced bioavailability of the main antioxidant and protective compounds found in turmeric root, collectively known as curcuminoids. VegCaps are suitable for vegans.

Ingredients: Medicinal ingredients: Each VegCap contains *Curcuma longa* (curcumin) rhizome extract 550 mg, *Piper nigrum* (black pepper) fruit extract (50:1) 2.5 mg. Non-medicinal Ingredients: Hypromellose, cellulose, dicalcium phosphate, rice, *Oryza sativa* (rice) hull powder, gum Arabic and sun flower oil.

Recommendation (adults): Take one VegCap twice daily. For use beyond 12 weeks, consult a health care practitioner. For occasional use only.

Risk Information: Consult a health care practitioner prior to use if you are pregnant or breastfeeding, taking antiplatelet medication or blood thinners, taking any other medications or natural health products, as black pepper/piperine may alter their effectiveness. Consult a health care practitioner prior to use if you have gallstones or a bile duct obstruction or have stomach ulcers or excess stomach acid. Consult a health care practitioner if symptoms persist or worsen. If symptoms worsen or if they persist for more than 2 weeks, consult a health care practitioner.

Features & Benefits

- Provides antioxidants for the maintenance of good health.
- Used in Herbal Medicine to help relieve joint inflammation.
- Traditionally used in Ayurvedic medicine as an antiparasitic and to improve digestion.



Stock No. 238

PV: 45.31

Mgr: \$46.79

Assoc: \$53.48

PC: \$60.16

Retail: \$66.85

New
Turmeric Curcumin

VS

Old
Curcumin BP

550 mg of curcumin per capsule

Contains black pepper extract *piper nigrum*VegCap capsule, suitable for vegans (hypromellose, rice, *oryza sativa* (rice) hull powder, gum Arabic and sunflower oil)

550 mg of curcumin per capsule

Contains black pepper extract *piper nigrum*

Gelatin capsule (gelatin, magnesium stearate and silicon dioxide)

For more information, contact: