Featured Product for Dec. 1st -31st

Ancient Tonics For Modern-Day Balance

Herbal Tonics were a major part of early herbal medicine and they continue to be useful in today's modern herbalism; namely, because everyone can benefit from taking a daily tonic. By definition, a tonic is that which

balances the biochemical and physiological systems

of the human body. In other words, returning the body to a balanced, normal operating range — not too fast, not too slow but just what nature intended. The whole concept of a tonic sounds appealing: who doesn't want a life of balance? After all, it can be said that *balance* is the very essence of health and wellness. Today, tonics have taken on a revived importance and broad appeal due to the pressures and health challenges of modern,

stressful life. In today's world balance is in short supply — for centuries herbal tonics were used when the mind and body needed restoration. Characteristic of a good herbal tonic formula are adaptogen herbs. These herbs are thought to help the body adapt to stress and changing situations, seasons, and illnesses. Among them are the traditional Chinese herbs ginseng, schisandra, astragalus, licture ashwaganda to name a few. In addition, because stress guickly depletes

orice, ashwaganda, to name a few. In addition, because stress quickly depletes the body of important minerals like magnesium, potassium, calcium and trace minerals, a tonic formula needs to supply the nervous system with electrolyte and trace minerals.

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Promo#	Description	PV	Mgr.	Assoc. 20%	PC 10%	Retail
P720408	Chi-Toni Mineral Formula (12%)	39.43	34.70	39.66	44.62	49.58
P720410	Chi-Toni Mineral Formula (x4)	118.29	118.29	135.21	152.10	169.02

Chi-Toni Mineral Formula. Traditional Chinese adaptogen tonic herbs plus minerals.

- East meets West in this exclusive Chinese tonic liquid formula combining electrolytes and mineral-rich water from an inland sea with time-honoured Chinese tonic herbs ginseng, schisandra, astragalus, ashwaganda and more.
- Provides 180 mg of potassium per tablespoon (15 mL) to prevent potassium deficiency.

