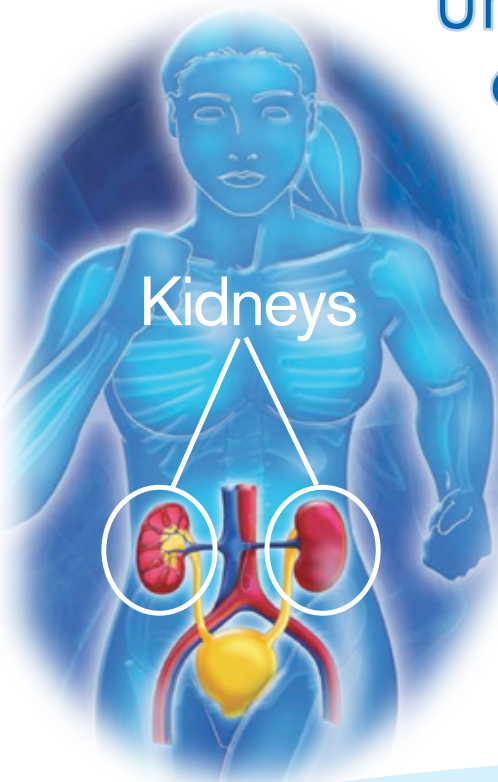


Featured Product for March 1st -31st

Urinary System: overworked and under appreciated



The urinary system is vitally important to the entire health of the body. It works in conjunction with the lungs, skin, and intestines to remove and detoxify waste. The urinary system also works to reabsorb water, salts, protein, glucose, minerals and other substances that are essential for cellular health. Optimal health can only occur when the urinary system works with the other systems of the body as a well functioning team.

Kidney's are the workhorse of the urinary system

The two kidneys are located below the ribs toward the middle of the back on either side of the spine. Their main function is to continually process and clean the blood. Humans have 1.0 to 1.5 gallons of blood that the body filters of debris and toxins every 45 minutes. This puts the daily figure of blood being circulated and filtered through the kidneys at about 200 quarts per day. The kidneys are always working!

While we can live with only one kidney, we would not survive without them. The main functions of the kidneys include: ▪ Filtering and processing blood ▪ Removal of waste and toxins from the body ▪ Production of some crucial hormones.

Did You Know?

The kidneys assist in keeping pH balanced in the body.

The kidneys are like the body's batteries in helping to keep electrolyte minerals in balance.

High blood pressure can be the result of water retention (edema) due to poor kidney function.

Upper middle back discomfort can indicate stressed kidneys due to dehydration or more serious causes including injury.

Certain ingredients dehydrate and stress the kidneys. Limit carbonated soda, caffeine, excessive salt, and alcohol. The kidneys need pure water, and minerals to properly function.

1 in 10 CANADIANS HAVE KIDNEY DISEASE

March is Kidney Health Month in Canada



K is for Kidney Support

▪ K (for kidney) is a traditional herbal combination to support the function of the kidneys by stimulating a mild diuretic effect to increase urine flow. It contains juniper berries, uva ursi leaves and parsley.

- May help treat water retention.
- Stimulates the kidneys to eliminate body wastes.

March 1st -31st

15% OFF Full PV

4 For the Price of 3

Promo#	Description	PV	Mgr.	Assoc. 20%	PC 10%	Retail
P753952	K (15%)	16.24	15.58	17.81	20.03	22.26
P753954	K (x4)	48.72	54.99	62.85	70.71	78.57

Not valid with any other promotion. Promo may change without notice.

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