Featured Product for Jan. 1st -30th The winning weight-loss combination that blocks the carbs and traps the fat!

By now most of the public understands the negative effect carbohydrates have on weight and blood sugar: carbohydrates get turned into sugar (glucose), which can get turned into fat. Blood sugar also causes the release of insulin, which at high levels signals the body to store that fat.

Carbo Grabbers interferes with the process of turning carbohydrates into sugar and high after-meal insulin levels. By utilizes a partially-purified amylase inhibitor extracted from the northern white kidney bean, Carbo Grabbers helps reduce the amount of carbohydrates (starches, pasta, breads, etc.) that get converted to sugars (calories). Studies in humans show that white kidney bean extract can effectively inhibit up to 95% of intestinal amylase activity, thereby preventing dietary carb digestion and the corresponding after-meal rise in insulin concentration. In fact, one gram of Carbo Grabbers can inhibit the generation of 2250 calories from carbohydrates. Recent studies have shown that the equivalent of two capsules of this white bean extract effectively blocks 50 percent of the carbohydrates in a meal. Another study showed weight loss occured without any change in diet or exercise. In these studies, the amylase inhibitor also reduced after-meal increases in plasma concentrations of glucose and insulin. (Results vary per individual and lifestyle.) **Fibre Boost:** Fibre is the next ally in the battle to lose weight, especially water-soluble dietary fibre (WSDF). Fibre Boost contains psyllium hulls high in WSDF. Studies have shown WSDF adsorbs free fat and other unwanted materials in the intestinal tract. The fibre with the trapped fat is then eliminated and the fat

no longer available to be stored on the body. Fibre Boost also contains chickweed herb as a fat emulsifier. A Norwegian study found that subjects taking Fibre Boost lost more weight than the control group. (Results vary per individual and lifestyle.)



Promo#	Description	PV	Mgr.	Assoc. 20	% PC 10%	Retail
P734759	Carbo Grabbers (15%)	26.01	22.11	25.26	28.42	31.58
P734761	Carbo Grabbers (x4)	78.03	78.03	89.16	100.32	111.45
P735074	Fibre Boost (15%)	22.75	19.34	22.10	24.86	27.63
P735076	Fibre Boost (x4)	68.25	68.25	78.00	87.75	97.50

Not valid with any other promotion. Promo may change without notice.

NATURE'S SUNSHINE