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## Visit this webinar link to hear the live webinar each Thursday at Noon (EST):

https://attendee.gotowebinar.com/register/5601605320834106369

## Or listen in by phone each Thursday at Noon (EST):

Canada: +1 (647) 497-9385 Access Code: 253-465-453

## DEC. 2019 SCHEDULE

**Dec. 5th** Iron with Vitamin C – Vivian O'Neill – 12 noon EST

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with Vivian O'Neill CH, NHP, R. BIE (Diamond Manager)

Vivian O'Neill has been a Natural Health Practitioner for over 23 years helping people of all ages and their pets, obtain better health, naturally. She is also a Chartered Herbalist (CH), Registered Bio-Energetics Practitioner (R.BIE), International Speaker and author.



**Dec. 12th** I-X – Lynne Kidlaw – 12 noon EST



with Lynne Kidlaw Natural Health Practitioner (MasterGold Manager)

Lynne, with partner Ean, have been helping others through their clinic called Total Wellness for over 16 years. The couple centre in on providing tailored health programs to meet the unique needs of individuals and their family. They specialize on treating the body, mind, and spirit through nutrition and education.



**Dec. 19th** K – Cheryl Markovich – 12 noon EST



with Cheryl Markovich Natural Health Practitioner (Silver Manager)

After leaving a career as a nurse educator, Cheryl pursued education in natural health and wellness, as well as completing Naturopathic Studies from Trinity School of Natural Health College. Today, Cheryl and her husband are owners of Building Bridges to Health Naturally, a natural health clinic in Albert.

