



Lunch & Learn

A-Z Product Webinars

15 min. Every Thursday at Noon

Pull up a chair in front of your computer or smart device and feed your mind a healthy snack of NSP product knowledge. There is always something new to learn as you hear from our top leaders on their experiences and successes using NSP products with their clients.

Visit this webinar link to hear the live webinar each Thursday at Noon (EST):

<https://attendee.gotowebinar.com/register/5601605320834106369>

Or listen in by phone each Thursday at Noon (EST):

Canada: +1 (647) 497-9385 Access Code: 253-465-453

NOVEMBER 2019 SCHEDULE

Nov. 7th **Hydrangea** – Lynne Kidlaw – 12 noon EST



with **Lynne Kidlaw** *Natural Health Practitioner (MasterGold Manager)*

Lynne, with partner Ean, have been helping others through their clinic called Total Wellness for over 16 years. The couple centre in on providing tailored health programs to meet the unique needs of individuals and their family. They specialize on treating the body, mind, and spirit through nutrition and education.



Nov. 14th **IF-C** – Cheryl Markovich – 12 noon EST



with **Cheryl Markovich** *Natural Health Practitioner (Silver Manager)*

After leaving a career as a nurse educator, Cheryl pursued education in natural health and wellness, as well as completing Naturopathic Studies from Trinity School of Natural Health College. Today, Cheryl and her husband are owners of Building Bridges to Health Naturally, a natural health clinic in Alberta.



Nov. 21st **IMM-C** – Donna Roth – 12 noon EST



with **Diane McLaren** *C.C.Ir., R.N.C.P., R.H.O.P. I.I.R. (Diamond Manager)*

Diane is a well-established and respected Natural Health Practitioner, coach and gifted trainer who for over 20 years has advocated the benefits of a holistic approach to natural healing, health and long-term wellness. In practice since 1994 and founder of Healthy You Naturally Wellness Centres with clinics west of Toronto, Diane and her team have helped thousands of people experience remarkable results.



Nov. 28th **INSPIRE Uplifting Essential Oil Blend** – Donna Roth – 12 noon EST



with **Donna Roth**, *BA BEd, MH (Sr. Diamond Manager)*

For the past 30 years, Donna made it her goal to empower others through education to find renewed health and confidence for personal and business growth. She has authored several natural health books including *Practical Solutions to the Cancer Injury*. Donna empowers her audiences with powerful, proven tools for healthy living.



Webinars will be uploaded to the website for later listening.

NATURE'S SUNSHINE®