

Product Update



Feb. 8th, 2019

Information concerning
backorders, inventory,
product changes.
NATURE'S SUNSHINE®

Now Available!

NEW Nature's Harvest (3090)

Nature's Harvest's new formula features a non-GMO fructose, adjusted vitamin A level to meet Health Canada's standards, and contain additional non-gluten grains and other ingredients including kale, millet, chia and flax hull lignans, and inulin as a prebiotic, making it a better overall product. Please note that with this reformulation the stock number has changed to 3090 and there is a slight graphics change to the packaging. New Fact Sheet attached.



For the most up to date product availability information contact customer service at 1-800-265-9163.

Nature's Harvest NPN 80086865

465 grams, Green Whole Food Beverage Mix, Stock No. 3090

Nature's Harvest instant beverage mix contains some of the most nutrient-dense and healthful plants, fruits and herbs. Whole food supplements offer a convenient way to consume a variety of plant foods normally not part of the standard North American diet of processed and junk food.

Did you know?

Nature's Harvest represents NSP's premier green whole superfood supplement. Combining the essence of natural whole foods as Nature intended, this unique combination offers a wide variety of vegetable proteins, whole foods, greens from land and sea, antioxidants, fatty acids, herbs, fibre, and other beneficial ingredients that offer a wide array of health and energy benefits.

NSP Advantage

465 grams. Nature's Harvest instant beverage mix is formulated to be simply mixed with water, or blended with fruits, liquids or your favourite smoothie ingredients. Scoop included.

Ingredients: Medicinal Ingredients: (Per 31 g serving): *Pisum sativum* (pea protein) seed 13 g, *Amaranthus cruentus* (red amaranth) seed 1 g, *Linum usitatissimum* (flax) seed 507 mg, *Arthrospira platensis* (spirulina) broken cell 490.5 mg, *Chenopodium quinoa* (quinoa) seed 326.5 mg, *Linum usitatissimum* (flax) fruit hull 277 mg, *Salvia hispanica* (chia) seed 277 mg, *Chlorella vulgaris* (chlorella) broken cell 265.67 mg, *Panicum miliaceum* (millet) seed 234.69 mg, *Camellia sinensis* (green tea) leaf 225 mg, *Garcinia mangostana* (mangosteen) fruit 100 mg, *Lycium barbarum* (goji) fruit 100 mg, potassium (potassium citrate) 100 mg, *Carica papaya* (papaya) fruit 70.4 mg, *Cymbopogon citratus* (lemongrass) herb top 70.4 mg, vita-

min C (ascorbic acid) 70 mg, protease (*Aspergillus niger*, *Aspergillus flavus* var. *oryzae*) 50 mg (0.5 FCC SAP), *Cynara cardunculus* (artichoke) leaf 47 mg, *Spinacia oleracea* (spinach) stem/leaf 47 mg, *Vaccinium macrocarpon* (cranberry) fruit 37.5 mg, *Borago officinalis* (borage) seed oil 31 mg, *Asparagus officinalis* (asparagus) stem 28.5 mg, *Vaccinium angustifolium* (blueberry) fruit 21.75 mg, niacinamide 12 mg, zinc (zinc oxide) 9 mg, pineapple fruit bromelain (*Ananas comosus* var. *comosus*) fruit 5.15 mg, *Cichorium intybus* (chicory) root 4.7 mg, *Equisetum arvense* (horsetail) herb top 4.7 mg, pantothenic acid (calcium D-pantothenate) 4 mg, manganese (manganese (II) sulfate) 1.8 mg, vitamin B6 (pyridoxal hydrochloride) 1.3 mg, vitamin B2 (riboflavin) 1 mg, vitamin B1 (thiamine) 0.9 mg, copper (copper (II) gluconate) 0.7 mg, vitamin A (vitamin A palmitate) 300 mcg RAE (1000 IU), *Cicer arietinum* (garbanzo) seed 0.24 mg, folate (folic acid) 120 mcg, iodine (potassium iodide) 113 mcg, selenium (sodium selenite) 42 mcg, molybdenum (sodium molybdate) 34 mcg, chromium (chromium (III) chloride hexahydrate) 27 mcg, biotin 23 mcg, vitamin D (ergocalciferol) 600 IU (15 mcg), vitamin B12 (cyanocobalamin) 1.8 mcg. Non-medicinal Ingredients: Non-dairy cream flavour (sunflower oil, maltodextrin, modified food starch, mono & diglycerides, tricalcium phosphate), D-fructose, brown rice flour, non-dairy cream flavour [maltodextrin, vegetable shortening (sunflower oil), natural flavours, dextrose], french vanilla flavour, maltodextrin, fructooligosaccharides, medium chain triglycerides, xanthan gum, sea salt, alfalfa herb, pea hull fibre, *Bambusa arundinacea* stem powder, rice bran, sodium citrate,

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watermelon flavour, *Brassica oleracea* var. *italica* (broccoli) powder, *Stevia rebaudiana* leaf extract, carrot root powder, brown rice syrup, rice protein, *Vitis vinifera* (grape) seed extract, kale leaf powder, bean seed powder, beet juice concentrate, inulin, *Malpighia glabra* (acerola) fruit extract, *Vigna angularis* (adzuki-bean) sprout powder, parsley leaf, citrus bioflavonoids, sodium copper chlorophyllin, pomegranate flavour, grape skin extract, and beta glucan.

Recommendation (adults): 1 serving once daily. Mix product well in 1-2 cups of liquid (e.g. water, juice) immediately before consumption. Take a few hours before or after taking other medications or natural health products. Take with food. 1 serving = 2 scoops = 31 g. For prolonged use, consult a health care practitioner.

Risk Information: Ensure to drink enough fluids before, during and after exercise. This product contains milk by-products/derivatives. If you are taking any prescription medications, consult a health care practitioner prior to use. Consult a health care practitioner prior to use if you have a history of kidney stones, if you are taking blood thinners and/or if you have gallstones. Consult a health care practitioner if symptoms persist or worsen. If you have gastrointestinal lesions/ulcers, are taking anticoagulant agents or anti-inflammatory agents or are having surgery, consult a health care practitioner prior to use. Do not use with other potassium-containing supplements or with potassium-containing salt-substitutes. If you are pregnant or breastfeeding, do not use. Do not use if you are allergic to plants of the Asteraceae/Compositae/Daisy family. Do not use if you have bile duct obstruction. Hypersensitivity/allergy has been known to occur, in which case discontinue use and consult with your health care practitioner.

Features & Benefits

- Source of vitamins and minerals to support biological functions, which play a key role in the maintenance of good health and a factor in normal growth and development.
- A source of essential fatty acids for the maintenance of good health
- Helps in energy metabolism, tissue formation and to maintain cognitive function.
- Source of antioxidants that protect cells against the oxidative damage caused by free radicals.
- 13 g of vegetable protein per serving.
- 120 calories per serving.
- 3 g of sugars per serving.