

NATURE'S SUNSHINE®



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# IMMUNE SUPPORT

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Product Guide





When it comes to your health and that of your family, keep your shields up with Nature's Sunshine. We offer an incredible line of immune-supporting products to help defend your health and that of your loved ones all year long. Choose from single herbs, powerful and unique blends, or take a complementary approach.

No matter how you decide to support your immune system, use safe and effective Nature's Sunshine products. The following pages feature some of our best sellers.

Products with this symbol  also support the respiratory system.



## ALJ<sup>®</sup>

This formula employs time-honored herbs like fenugreek seeds, horseradish root and extract of mullein leaves to help balance the natural, eliminative functions of the respiratory system. ALJ helps support the body during seasonal changes. Fenugreek and mullein both contain mucilage, which swells in water creating a viscous substance that may provide a soothing effect to respiratory tissues. If you've ever eaten horseradish, you know that it has a kick. Boneset aerial parts and fennel seeds round out this popular formula.

**Stock No. 774** (100 capsules)

**Stock No. 777** (180 Vegitabs)

**Stock No. 3166** (2 fl. oz.)







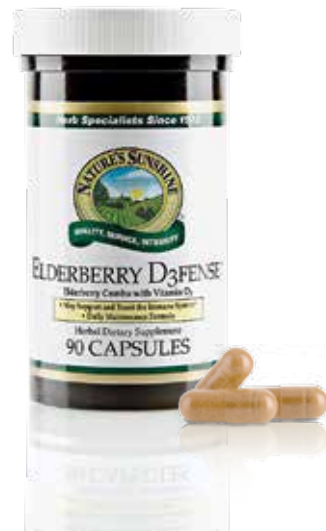
## ELDERBERRY D<sub>3</sub>FENSE

Build your healthy immune defense with Elderberry D<sub>3</sub>fense featuring vitamin D<sub>3</sub>. The “sunshine vitamin” supports the immune system while elderberry fruit extract and *Echinacea purpurea* add herbal immune system support. Both elderberry and echinacea have been scientifically studied for their immune-supporting capacities.

For additional support, this formula also contains:

- Olive leaf extract—with oleuropein. This constituent has been studied for its capacities in immune regulation, the inhibition of microorganism growth and cardiovascular system support.
- Royal jelly—a byproduct of worker honeybees that is used to nurture the queen bee
- Willow bark extract—used historically to reduce pain and fever; naturally contains the chemical salicin

**Stock No. 897** (90 capsules)



## GOLDENSEAL

The Cherokee Indians may have been the first group to notice goldenseal’s health properties when they realized that clothing dyers who used the juice of this plant did not fall prey to many sicknesses. Contemporary studies have identified alkaloids such as beta-hydrastine, berberine and canadine in goldenseal.

In laboratory experiments, these alkaloids demonstrated activities against a wide range of microorganisms. Laboratory results have not yet been validated in human trials. This product is not recommended for pregnant women.

**Stock No. 340** (100 capsules)





## HISTABLOCK®

HistaBlock supplies nutrients that support healthy respiratory function as the body battles irritants, pollutants and toxins.

- Stinging nettle leaves provide well-known support against seasonal airborne substances.
- The antioxidant quercetin, which occurs naturally in the fruit of *Sophora japonica*, has reputed effects in supporting the respiratory system against seasonal airborne substances and irritants.
- Bromelain is an enzyme found in pineapple fruit that may help to maintain immune responses.
- Bitter orange has been intensively studied for its potential as an antioxidant and its support for well-being.

**Stock No. 776** (90 capsules)



## IMMUNE STIMULATOR

This formula combines unique natural ingredients known to support the immune system.

- Arabinogalactan may enhance immune response. In laboratory conditions, it has been shown to stimulate natural killer cells and macrophage activity.
- Colostrum is rich in natural immune-supporting peptides and factors. These ingredients promote gastrointestinal and immune health.
- Reishi and maitake mushroom may help support immune activity and help maintain healthy immune cells.

Studies report the immune response-promoting capacities of these ingredients. This formula also contains cordyceps.

**Stock No. 1839** (90 capsules)





## SILVER SHIELD LIQUID® & GELS

For best overall protection, choose Silver Shield, our best-selling immune system support product. Silver Shield features Aqua Sol Technology—a patented process that provides a more stable and bioavailable silver particle. Aqua Sol silver particles are safe and effective and are flushed from the body within 24-48 hours. For broad-spectrum, daily immune support, put up your Shield! Silver Shield.

**Silver Shield Rescue Gel** (24 ppm) is great for minor cuts, abrasions, first- and second-degree burns and skin irritations. It helps reduce the levels of common microorganisms in dressings. Keep it handy!

**Silver Shield Daily Purifying and Cleansing Gel** (20 ppm) helps cleanse, purify and moisturize the skin.

**Stock No. 21488** (32 fl. oz. Liquid)

**Stock No. 4280** (16 fl. oz. Liquid)

**Stock No. 4278** (6 fl. oz. Liquid)

**Stock No. 4274** (4 fl. oz. Liquid)

**Stock No. 4950** (3 fl. oz. Gel, 20 ppm)

**Stock No. 4952** (1 fl. oz. Gel, 20 ppm)

**Stock No. 4951** (3 fl. oz. Rescue Gel, 24 ppm)

**Stock No. 4953** (1 fl. oz. Rescue Gel, 24 ppm)



## SINUS SUPPORT EF

This herbal formula supports the respiratory system and nasal passages. Sinus Support EF features bitter orange fruit extract, which contains synephrine. This has properties somewhat similar to the alkaloid ephedrine in providing respiratory support, but it acts much more mildly in the body.

Sinus Support EF also contains goldenseal root extract and rhizome—used therapeutically in traditional medicine—plus capsicum fruit, burdock root, parsley leaf, horehound leaf and flower, marshmallow root and yerba santa leaf.

**Stock No. 1250** (100 capsules)







## SUNSHINE HEROES ELDERBERRY IMMUNE



Fall and winter months can be especially challenging for children. Their underdeveloped immune systems need nutrients, and picky eaters often lack them. Sunshine Heroes Elderberry Immune soft chews provide key vitamins, minerals, herbs and other nutrients that play essential roles in building and maintaining healthy immune function, including vitamin D and elderberry.

- Evidence shows that vitamin D is critical to the immune system. In fact, vitamin D receptors are found on T- and B-lymphocytes, monocytes and macrophages—all important components of the immune system.
- Elderberry fruit’s historical use caught the attention of scientific communities, and it has been intensively studied in the maintenance of healthy immune responses.
- This formula also includes vitamin C, zinc, astragalus root, *Echinacea purpurea* root extract, reishi mushroom mycelium, maitake mushroom and the valuable Sunshine Heroes Protector Shield blend.

**Stock No. 3347** (90 soft chews)



## VS-C® TCM

VS-C is a Traditional Chinese Medicine herbal formula. This product features time-honored herbs like bupleurum root, typhonium rhizome and ginseng root. Other ingredients include concentrated extract of dandelion whole plant, purslane top, indigo leaves and root, thlaspi whole plant, scute root, cinnamon twig and licorice root. VS-C is available in regular capsules, concentrated capsules and in liquid herb.

**Stock No. 949 TCM Concentrate** (30 capsules)

**Stock No. 937** (100 capsules)

**Stock No. 3167** (2 fl. oz.)





## YEAST/FUNGAL DETOX

Yeast/Fungal Detox blends selected herbs and nutrients to help the body detoxify itself. This formula supports the digestive and immune systems. Key ingredients include caprylic acid, pau d'arco inner bark, oregano leaf and garlic bulb. Also contains echinacea root, selenium and zinc.

**Stock No. 508** (90 capsules)



## CONSIDER THESE ADDITIONAL IMMUNE SUPPORT PRODUCTS:



**Astragalus** supports the immune system in a variety of ways. It appears to help trigger immune cells from a “resting” state into heightened activity. It may also support the body’s production of immunoglobulin and help activate T cells and other immune system components.

**Stock No. 40** (100 capsules)



**Ayurvedic Bronchial Formula.** This authentic formula, developed in concert with Indian Ayurvedic masters with herbs direct from India, is true to their philosophy of restoring balance to the body. This blend supports the respiratory system and offers nourishing support to the lungs.

**Stock No. 1297** (100 capsules)



**E-Tea**® capsules provide a much easier way to take traditional Essiac tea. This product supplies natural ingredients that soothe the digestive tract and detoxify the blood. Essiac Tea blend and its components have shown protective activities against harmful free radicals.

**Stock No. 1360** (100 capsules)



**Echinacea & Golden Seal** combines two storied herbs that support the immune system. This formula provides aerial parts and roots from two species of echinacea. This herb’s immune-supporting activities are well established in scientific studies. Goldenseal root contains the beneficial alkaloids berberine and hydrastine.

**Stock No. 835** (100 capsules)

**Stock No. 3180** (2 fl. oz.)



**Fenugreek & Thyme.** Fenugreek seed and thyme leaf have been used historically to support a healthy upper respiratory tract. Their traditional use has drawn the attention of scientific communities, and positive outcomes have been found in the management of conditions of the upper respiratory tract.

**Stock No. 885** (100 capsules) 



**High Potency Garlic** contains compounds like allicin that support the immune system. Testing against competitors showed that NSP High Potency Garlic offers a higher Total Allicin Potential.

**Stock No. 292** (60 tablets)



**Lung Support TCM Conc.** is a blend of 16 Chinese herbs that are highly concentrated. These include anemarrhena, aster, bupleurum and astragalus, which have been used in Traditional Chinese Medicine to support the immune system, build energy and support the respiratory system.

**Stock No. 1004** (30 capsules) 



**Olive Leaf Extract Concentrate** naturally contains the polyphenol oleuropein, which has been studied for its many health benefits, including its potential to help mitigate the oxidation of LDL cholesterol. This product has antioxidant properties.

**Stock No. 204** (60 capsules)



**Pau D'Arco** grows in the Brazilian rainforest. Strangely, these trees do not develop fungus growth despite their wet, tropical surroundings. This herb's active constituent lapachol may account for its traditional use in strengthening and supporting the immune system.

**Stock No. 504** (100 capsules)



**Uña de Gato (Cat's Claw).** Uña de gato alkaloids may help promote the function of white blood cells and macrophages. In addition to cat's claw, this combination contains astragalus root and echinacea root to support the immune system.

**Stock No. 175** (100 capsules)

PREPARE YOUR DEFENSES NOW.  
SUPPORT IMMUNE HEALTH WITH  
PROVEN NATURAL SUPPLEMENTS  
FROM NATURE'S SUNSHINE  
PRODUCTS!



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