





















February 26, 2021

The Honorable Nancy Skinner Chair, Senate Budget Committee State Capitol, Room 5094 Sacramento, CA 95814

The Honorable Philip C. Ting Chair, Assembly Budget Committee State Capitol, Room 6026 Sacramento, CA 94249 The Honorable Bob Wieckowski Chair, Senate Budget Sub. No. 2 State Capitol, Room 4085 Sacramento, CA 95814

The Honorable Richard Bloom Chair, Assembly Budget Sub. No. 3 State Capitol, Room 2003 Sacramento, CA 94249

Submitted via electronic mail

RE: Maintaining Farm to School Grant Program Funding for School Food in Budget - SUPPORT

Dear Budget Chairs Skinner and Ting, and Budget Subcommittee Chairs Wieckowski and Bloom,

In the midst of the COVID-19 crisis when millions are out of work, food can be scarce and people are hurting financially. Free school meals have been a critical lifeline for students and farmers. The Farm to School Grant program helps California's \$2.8 billion school food industry purchase more food from California's farmers and provides students with enriching educational experiences in classrooms and

school gardens. Our coalition respectfully requests your support for the \$10 million in funding for the Farm to School Grant Program, as proposed in the Governor's January budget. This critical funding will increase the resiliency of local communities' food supply chains and provide fresh, healthy food to California students.

Lack of access to healthy food is exacerbated by socio-economic status and most prevalent in low-income communities of color. On a fundamental level, the Farm to School program can help promote equity across the racial and ethnic disparities that exist in our food system. It expands educational opportunities that support lifelong habits that lead to healthier lives, which should not be contingent upon the economic status of a child's family. Increased investment in local foods could benefit farmers most in need of assistance, including California's smaller-sized and disadvantaged farmers, who often are farmers of color. Reliable purchases from schools will be even more important for California farmers as our economy begins to recover from the COVID-19 crisis.

Weaving together the three core elements of Farm to School; (1) increased local food procurement; (2) education in classrooms and cafeterias; and (3) experiential learning in school gardens, agriculture programs, and culinary programs; continuing this multifaceted grant program can establish and expand opportunities that help all students experience and understand how food affects their health, the health of their communities, and the health of the environment. Programs like this are essential in providing students with high-quality nutritious foods that they are eager to consume. Research has found that it takes 35-50 hours of nutrition education to create long-term behavioral changes such as consuming more fruits and vegetables; yet most children receive only 3.4 hours a year – less than a tenth of the recommended amount.² By creating and implementing learning and education programs, the Farm to School program can transform students' lives and help address the public health crises of food insecurity and obesity.

The Farm to School Grant program and the resulting increased purchases of California-grown school food will create many benefits for California kids, schools, farmers, and our economy during these critical times including:

Strengthening local economies and supporting California farmers: School food in California is a \$2.8 billion dollar industry, and school cafeterias can often be the largest "restaurant" in town. By directing more of this investment to local farmers, schools can help support thriving local economies and food producers with every dollar they invest generating between \$1.03-\$2.40 of economic activity.³

http://thefoodtrust.org/uploads/media_items/access-to-healthy-food.original.pdf

² Shafter, L. 2018. Let It Grow: The long-lasting benefits of a school garden — supporting health and wellness, encouraging students to choose nutritious foods. Harvard Graduate School of Education: Usable Knowledge. Available at: https://www.gse.harvard.edu/news/uk/18/07/let-it-grow

³ Christensen, L., Jablonski, B.B.R., Stephens, L., and Joshi, A. 2018. Evaluating the economic impacts of farm-to-school procurement: An approach for primary and secondary financial data collection of producers selling to schools. Journal of Agriculture,

Preparing students to succeed academically: Students consume 35-50% of their daily calories at school^{4,5} and studies have shown that kids who eat healthy food are better prepared to succeed academically.⁶

Reducing food waste: With disruptions in the supply chain, these local purchases can make the difference between the food being put to good use and going to waste. Students also respond well to food that is fresh,⁷ reducing food waste.

Improving attendance: Providing school meals can help increase attendance-based revenue for schools as healthy students are absent less often.⁸

We appreciate the language that provides funding of \$10 million for the Farm to School Grant Program in the Governor's January budget, which reinforces the importance of procuring more California-grown food, and we urge the budget subcommittees to do the same.

Respectfully,

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Food Systems, and Community Development 8(3): 73-94. Available at: https://www.foodsystemsjournal.org/index.php/fsj/article/view/656

⁴ Briefel, R.R. et al (2009). "School Food Environments and Practices Affect Dietary Behaviors of US School Children." Journal of the American Dietary Association, 109 (2 Suppl.), pp. 91–107

⁵ Action for Healthy Kids (2012). The Learning Connection: What You Need to Know to Ensure Your Kids Are Healthy and Ready to Learn, p. 8. www.actionforhealthykids.org/storage/documents/pdfs/afhk_thelearningconnection_digitaledition.pdf.

⁶ Center for Ecoliteracy. 2014. Making the Case for Healthy, Freshly Prepared School Meals. Available at: https://www.ecoliteracy.org/download/making-case-healthy-freshly-prepared-school-meals

⁷ Q. Moore, H.L. Hulsey, and M. Ponza (2009). "Factors Associated with School Meal Participation and the Relationship between Different Participation Measures." Contractor and Cooperator Report 53 (Washington, DC: US Department of Agriculture, Economic Research Service. Cited in Food Research and Action Center (2010). "How Improving Federal Nutrition Program Access and Quality Work Together to Reduce Hunger and Promote Healthy Eating," p. 4. www.frac.org/pdf/CNR01_qualityandaccess.pdf.

⁸ Food Research and Action Center (2010). "How Improving Federal Nutrition Program Access and Quality Work Together to Reduce Hunger and Promote Healthy Eating," p. 4. www.frac.org/pdf/CNR01_qualityandaccess.pdf.

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Cc:

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First Partner of the State of California

The Honorable Karen Ross
California Department of Food and Agriculture Secretary

The Honorable Tony Thurmond
California Superintendent of Public Instruction

The Honorable Toni Atkins
President pro Tempore of the California Senate

The Honorable Anthony Rendon Speaker of the California Assembly

Members of the Senate Budget and Fiscal Review Committee

Members of the Assembly Committee on Budget

Members of Senate Budget Subcommittee No. 2

Members of Assembly Budget Subcommittee No. 3

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