



94

# SOLOMON THOMAS

DL

6-3 || 280 || STANFORD

12.20.95 || COPPELL, TX || 2ND YEAR || ACQUIRED D-IA IN '17

## GOLDMINE

• On June 2, 2018, Thomas walked to raise money for the American Foundation for Suicide Prevention. “I lost one of the most important people in my world to suicide earlier this year,” said Thomas. “I will be walking for her and for everyone who suffers from the pain she felt. Ella was my sister. Ella was my best friend. She loved harder than she could breathe. She filled a room with such a strong presence that it would light up the room. She made my life go. Having Ella as my sister was the greatest gift this life has given me. She taught me to be myself, to make everyone feel loved, to appreciate everything in front of me, and so much more. She was so perceptive and so compassionate. I will live every day for my amazing sister.



“I walk not only because of what happened to Ella and our family; I walk because I want to help others. I want others to have better information and resources. It’s time to talk about mental health. It’s time to acknowledge that everyone is going through something that we don’t know about and might not understand. It’s time to have empathy for those things we don’t understand. The funds raised at this walk will benefit the American Foundation for Suicide Prevention. Net proceeds will help those affected by suicide and mental health conditions by supporting research, advocacy, survivor resources, education and awareness programs.

“Be meaningful in every conversation, seek to show others you care. You never know what you could say that might save someone’s life. I want to make this a better world. Please help me in support of those who suffer.”

If you are in crisis, please call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or contact the Crisis Text Line by texting TALK to 741741.



## THOMAS’ GOLDEN NUGGETS

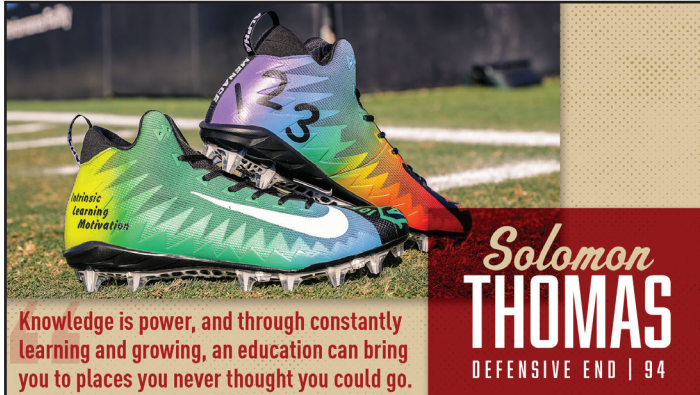
- Born in Chicago, IL, Thomas moved and spent part of his childhood living in Australia. His father, Chris, was an international sales manager for Proctor & Gamble and he was stationed there. Thomas grew up learning to surf and enjoyed playing on the beach and eating fish and chips. He didn’t begin playing football until he moved to Coppell, TX.
- One of Thomas’ two career touchdowns at Stanford came at Levi’s Stadium, returning a fumble recovery 34 yards for the score in the Cardinal’s 41-22 victory over USC in the 2015 Pac-12 Championship Game.
- As a junior at Stanford, Thomas earned the Morris Trophy, a prestigious honor voted on by opposing Pac-12 offensive linemen. He joins 49ers teammates DL DeForest Buckner and G Joshua Garnett as Morris Trophy winners on the roster.
- Thomas comes from an athletic family. His father, Chris, and mother, Martha, each attended the College of Wooster (OH) where Chris played basketball and Martha ran track. Solomon’s uncle, Jon Thomas, ran track at Indiana University where he was a four-time Big Ten 400m hurdles champion.
- Thomas spent part of his life living in Australia. Says Solomon, “My dad was an international sales manager for Proctor & Gamble, and they had him out there. It was an amazing experience to be there from two to seven or eight. It definitely gave me a different perspective on life and definitely shaped me for life.” Thomas’ family moved back to the United States and spent a few years living in Connecticut. It wasn’t until his family prepared to move to Texas that Thomas was introduced to football, when his parents had him watch ‘Friday Night Lights.’





## GOLDMINE (CONTINUED)

- During all Week 13 games in 2017, NFL players had the chance to share the causes that are important to them as part of the NFL's My Cause, My Cleats campaign. Thomas is supporting 10 Books A Home for his My Cause, My Cleats initiative. Thomas' mom was a teacher and his family instilled the importance of having an education. 10 Books A Home is an early childhood education non-profit whose mission is to send all high poverty preschoolers to kindergarten prepared to perform above grade level. "Knowledge is power, an through constantly learning and growing, an education can bring you to places you never thought you could go," said Thomas.



- During his childhood, Thomas grew up speaking with a thick Australian accent. When he moved back to the States, no one in school could understand him, so he took three years of speech therapy classes to remove the accent. However, if it was up to Thomas, he would have kept the accent. Said Thomas, "It's unfortunate, because I'd love to still have my Australian accent."

- In October of 2017, the 49ers partnered with Bags of Fun to deliver backpacks to children undergoing treatment at Lucile Packard Children's Hospital. Each bag was personalized with educational, interactive and fun toys to provide joy, laughter and relief from the stress and anxiety of being in the hospital. Thomas and his teammates spent time with patients receiving Bags of Fun and other families in the hospital to uplift them during a difficult time.



- In honor of the NFL's Crucial Catch campaign, the 49ers hosted a fashion show on Tuesday, October 17th, 2017, featuring breast cancer and pediatric cancer warriors in apparel donated by Levi's®. Thomas, along with his 49ers teammates, walked the runway with cancer warriors as they shared their stories of strength and courage with the audience.



## THOMAS' CAREER STATISTICS

YEAR	TEAM	GP	GS	TACKLES				YDS	INT	INTERCEPTIONS				FUMBLES			
				TOT	SOL	AST	SACKS			YDS	LG	TD	PD	FF	FR	YDS	
2017	SF	14	12	41	34	7	3.0	9.0	0	0	–	0	0	0	0	1	0
<b>TOTALS</b>		<b>14</b>	<b>12</b>	<b>41</b>	<b>34</b>	<b>7</b>	<b>3.0</b>	<b>9.0</b>	<b>0</b>	<b>0</b>	<b>–</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>

### Milestones:

**NFL Debut:** vs. Car. (9/10/17); **First Start:** at Sea. (9/17/17); **First Sack:** at Arz. (10/1/17 – QB Carson Palmer); **First FR:** at LAR (12/31/17 – QB Sean Mannion)

## THOMAS' CAREER HIGHS

**Total Tackles:** 9 at Was. (10/15/17)

**Solo:** 7 at Was. (10/15/17)

**Assists:** 2 at Was. (10/15/17)

**Sacks:** 1.0 (3 times) Last vs. Jax. (12/24/17)

**Fumble Recoveries:** 1 at LAR (12/31/17)

## THOMAS' TRANSACTIONS

Originally the first of two 1st-round (3rd overall) draft choices by SF in 2017.



## 2017

- Played in 14 games (12 starts) and registered 41 tackles, 3.0 sacks and 1 FR.
- Brought down Cardinals QB Carson Palmer at Arz. (10/1), notching the 1st sack of his career.
- Registered a career-high 9 tackles at Was. (10/15), while also notching his 2nd career sack, bringing down Redskins QB Kirk Cousins.
- Brought down Jaguars QB Blake Bortles for a 2-yd. loss vs. Jax. (12/24), marking his 3rd sack of the season.
- Notched his 1st career FR at LAR (12/31), jumping on a fumble by Rams QB Sean Mannion.

## COLLEGE

Appeared in 27 games in three seasons at Stanford and registered 101 tackles, 11.5 sacks, 25.5 TFLs, 4 FRs and 2 TDs. In 2016, was named Second-Team All-America by *USA Today* and Third-Team All-America by the Associated Press. Also earned First-Team All-Pac-12 honors and the Morris Trophy award, a prestigious honor voted on by opposing Pac-12 offensive linemen. Appeared in all 13 games and registered 62 tackles, 8.0 sacks, 15 TFLs and 2 FRs. As a sophomore in 2015, appeared in all 14 games for the Cardinal and was named All-Pac-12 honorable mention after recording 39 tackles, 3.5 sacks, 10.5 TFLs and 2 FRs. Thomas did not see action as a freshman in 2014.

## PERSONAL

- Attended Coppell (TX) HS, where he recorded 272 total tackles and was named second-team all-state in 2013. Also had 21 sacks throughout his final three years. Was named Second-Team All-USA by *USA Today* as a senior in 2013.
- Also lettered in basketball at Coppell.
- Son of Chris and Martha Thomas.
- Born Solomon Christopher Thomas (12/20/95) in Chicago, IL.
- Studied communications at Stanford.

## INJURY REPORT

**2017:** Inactive vs. Arz. (11/5) & vs. NYG (11/12) with a knee injury.

## THOMAS' GAME-BY-GAME

### 2017

Date	Opp	W/L	P/S	Tot	Sol	Ast	Sk	Yds	Int	Yds	PD	FF	FR	Yds
Sep 10	Car	L	1/0	2	2	0	0.0	0.0	0	0	0	0	0	0
Sep 17	at Sea	L	1/1	4	4	0	0.0	0.0	0	0	0	0	0	0
Sep 21	LAR	L	1/0	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 1	at Arz	L	1/1	5	5	0	1.0	2.0	0	0	0	0	0	0
Oct 8	at Ind	L	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Oct 15	at Was	L	1/1	9	7	2	1.0	5.0	0	0	0	0	0	0
Oct 22	Dal	L	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Oct 29	at Phi	L	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Nov 5	Arz	L	-	-	-	-	INACTIVE (Knee)	-	-	-	-	-	-	-
Nov 12	NYG	W	-	-	-	-	INACTIVE (Knee)	-	-	-	-	-	-	-
Nov 26	Sea	L	1/1	2	2	0	0.0	0.0	0	0	0	0	0	0
Dec 3	at Chi	W	1/1	1	1	0	0.0	0.0	0	0	0	0	0	0
Dec 10	at Hou	W	1/1	2	1	1	0.0	0.0	0	0	0	0	0	0
Dec 17	Ten	W	1/1	3	2	1	0.0	0.0	0	0	0	0	0	0
Dec 24	Jax	W	1/1	6	5	1	1.0	2.0	0	0	0	0	0	0
Dec 31	at LAR	W	1/1	1	1	0	0.0	0.0	0	0	0	0	1	0
<b>TOTALS</b>			<b>14/12</b>	<b>41</b>	<b>34</b>	<b>7</b>	<b>3.0</b>	<b>9.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>1</b>	<b>0</b>