



Post-Operative Instructions: Biopsy

After Biopsy

IMMEDIATELY FOLLOWING SURGERY

- Keep the incision area clean.
- Keep gauze (if possible) in place until bleeding has stopped.
- If excess bleeding should occur, put pressure on the area with a piece of gauze until it stops. If it does not stop after 30-45 minutes, notify the doctor.
- After your procedure, you may resume taking all prescribed medications as ordered unless otherwise instructed by your provider.

DIET

- Caution should be taken when eating.
- Diet of liquids until numbness is gone, then regular diet.
- Be careful of sharp food such as cookies, chips, pretzels, etc.
- Try cold foods such as ice cream and popsicles to soothe the area.

ORAL HYGIENE

- Rinse often, especially after eating, with warm water or mouthwash diluted in half with water for the first 48 hours.
- An ointment may be applied if the doctor indicates. Instructions will be given by the staff.

FINALLY

Almost all of the sutures used will dissolve on their own. Small pieces will come out approximately 4-6 days following surgery. If the sutures need to be taken out, we will schedule an appointment for you.