



Pre-Operative Instructions

Before Intravenous Anesthesia Sedation

Please follow these pre-operative instructions to prepare for oral surgery with IV sedation.

- You may not have anything to eat or drink (including water, coffee, etc.) for 8 hours prior to the appointment. The only exception to this is if you have morning medications approved by your surgeon to which you can take with only a small sip of water.
- No smoking for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- A responsible adult must accompany the patient to the office, remain in the office or on the premises during the procedure, and drive the patient home. If surgery is for a minor, the legal guardian must accompany the patient.
- Please wear loose fitting clothing that either buttons or has a zipper. We may ask you to change into a surgical gown.
- Contact lenses and dentures must be removed at the time of surgery.
- Do not wear heavy moisturizers, excessive makeup, or nail polish/fake nails on the day of surgery.
- No jewelry or any metal touching your body such as earrings or even a bra with wire.
- If you have an illness such as a cold, sore throat, stomach or upset bowels, please notify the office.