

POST-OPERATIVE INSTRUCTIONS: FACELIFT

You will need a responsible adult to care for you for the first 24 hours after surgery.

Compression Wrap: You will leave after surgery with a compression wrap on. Do not remove this wrap. We will remove it for you at your first post-op visit.

ArniCare Arnica Gel: Apply arnica gel to bruised areas 4-5 times per day until all bruising is gone.

Suture Line Care

- Get the following supplies: antibiotic ointment, cotton tip applicators, hydrogen peroxide.
- Mix equal amounts hydrogen peroxide and water and place in a pill container.
- Use the cotton tip applicators and hydrogen peroxide/water mixture to clean dried blood from the incisions. Repeat as necessary to keep the incisions clean and free of scabs.
- Cover the incisions with antibiotic ointment at all times to keep them moist. **Do not allow incisions to dry out.** If the wounds dry out it can lead to an increase in scarring.