

## PRE-OPERATIVE INSTRUCTIONS: FACELIFT

- Do not eat or drink anything, including water (unless instructed to do so with medications), for at least 8 hours before your scheduled procedure.
- Please do not wear makeup, lotion, jewelry, nail polish, or contact lenses the day of your procedure.
- A responsible adult should accompany you the day of your procedure and be available to pick you up afterwards.
- Wash your face and hair with Hibiclens soap the night before and the day of your procedure.
- **Absolutely do NOT take aspirin, aspirin-containing products, or ibuprofen products for at least 10 days before surgery.** Please refer to the provided list of medications which are to be discontinued prior to your procedure. You may resume use of aspirin, aspirin-containing products, or ibuprofen 6 days after surgery.
- Please purchase all your suture line care materials (see below) before your scheduled day.
- Take the SinEcch tablet marked "pre-op" 1-24 hours before surgery.
- **PLEASE ABSTAIN FROM USING ANY TOBACCO PRODUCTS FOR AT LEAST ONE MONTH PRIOR TO SURGERY. FAILURE TO DO SO WILL RESULT IN CANCELATION OF YOUR PROCEDURE.**