

PRE-OPERATIVE INSTRUCTIONS: NECKLIFT

- Do not eat or drink anything (including water, unless instructed to do so with medications) for at least 8 hours before your scheduled procedure.
- Please do not wear makeup, lotion, jewelry, nail polish, or contact lenses the day of your procedure.
- A responsible adult should accompany you the day of your procedure and should be available to pick you up afterwards.
- Wash your face and hair with Hibiclens soap the night before and the day of your procedure.
- Absolutely do NOT take aspirin, aspirin-containing products, or ibuprofen products for at least 10 days before surgery. Please refer to the provided list of medications to be discontinued before your procedure.
- Please purchase all your suture line care materials before your scheduled day.
- Take the SinEcch tablet marked "pre-op" 1-24 hours before surgery.
- PLEASE ABSTAIN FROM USING ANY TOBACCO PRODUCTS FOR AT LEAST ONE MONTH PRIOR TO SURGERY. FAILURE TO DO SO WILL RESULT IN CANCELATION OF YOUR PROCEDURE.