

## PRE-OPERATIVE INSTRUCTIONS: S-LIFT

- Do not eat or drink anything (including water, unless instructed to do so with medications) for at least 8 hours before your scheduled procedure.
- Please do not wear makeup, lotion, jewelry, nail polish, or contact lenses the day of your procedure.
- A responsible adult should accompany you the day of your procedure and be available to pick you up afterwards.
- Wash your face and hair with Hibiclens soap the night before and the day of your procedure.
- Absolutely do NOT take aspirin, aspirin-containing products, or ibuprofen products for at least 10 days before surgery. Please refer to the provided list of medications to be discontinued before your procedure.
- Please purchase all your suture line care materials before your scheduled day.
- Take the SinEcch tablet marked "pre-op" 1-24 hours before surgery.
- PLEASE ABSTAIN FROM USING ANY TOBACCO PRODUCTS (including chewing, smoking, and vaping) FOR AT LEAST ONE MONTH PRIOR TO SURGERY. FAILURE TO DO SO WILL RESULT IN CANCELANON OF YOUR PROCEDURE.