

## PRE-OPERATIVE INSTRUCTIONS: IV ANESTHESIA

- You may not eat or drink — including water — after midnight the night before surgery until your surgery is complete.
  - Take your daily medications with no more than 2 ounces (2 oz.) of water up to 2 hours before your procedure unless instructed otherwise.
- A responsible adult must accompany you, stay during the procedure, and drive you home. You may not drive a vehicle or operate machinery for 24 hours following anesthesia. Guardians must accompany minors.
- The use of marijuana, alcohol, or recreational drugs can adversely affect the medications that we administer. Please discontinue use of these substances 48 hours before your procedure.
- Wear loose-fitting clothing and flat shoes. Do not wear nail polish or lipstick. No contact lenses or head and neck jewelry.
- If you feel an illness such as the flu, sore throat, cough, or bowel upset pre-operatively, please notify the office.

**Women, please note:** Some antibiotics may interfere with the effectiveness of your birth control pills. Please check with your pharmacist.

## PRE-OPERATIVE INSTRUCTIONS: LAUGHING GAS (NITROUS OXIDE)

### Adults

Have something light to eat pre-operatively. Please, no heavy dairy — it may lead to nausea.

### Children (<18yrs old):

You may not eat or drink pre-operatively on the day of the procedure.