



Pre-Operative Instructions

- Do not have anything to eat or drink 8 hours before your scheduled surgery time.
- Wear a short-sleeved shirt or blouse. Women should not wear high-heeled shoes.
- Take your routine medications (with just a small sip of water) unless otherwise instructed as early as possible in the morning.
- Some patients need to discontinue Coumadin or other blood thinners before surgery. The doctor will review your history and make the appropriate recommendation.
- You need a competent adult to accompany you and drive you home. They should be able to stay for the entire appointment.
- It is also recommended that someone stays with you through the night after surgery.
- WOMEN: let us know if there is any chance you could be pregnant.
- Do not wear makeup or fingernail polish. If acrylic nails are worn, please remove them from the index and middle fingers of your left hand.
- MINORS must be accompanied by a parent, legal guardian, or another responsible adult.
- Plan ahead. You may need to take a few days to recover. Be prepared by having liquids and/or soft foods at home to eat for the first 1-2 days after surgery. I would recommend my favorites: milkshakes and ice cream.
- Remove your contact lenses before your appointment. If you must, please bring a proper container to place them in after removal. Avoid placing the lenses in your eyes for 3-4 hours after surgery.
- Should it become necessary to cancel or change your surgery date, please notify our office at least 24 hours in advance. We have reserved a specific time just for you and would like to offer your spot to another valued patient. So, please allow us as much time as possible to do so if you must cancel.
- If you are sick leading up to surgery, please contact the office to discuss the impact on anesthesia options.