

BEFORE YOUR GENERAL ANESTHESIA SEDATION

- No food or drink (including water) for 8 hours before your procedure.
- A responsible adult must:
 - Accompany you to the office
 - Stay during the procedure
 - Drive home afterward
- You should take regularly prescribed medications with a small sip of water.
- Wear loose-fitting clothing with short sleeves and low-heeled shoes (gym shoes are ideal).
- Do not wear lotions, lipstick, perfumes, or nail polish on the day of surgery.
- Remove contact lenses, jewelry, and dentures before the procedure.
- If you are experiencing any illness (fever, sore throat, stomach or bowel issues), contact our office.
- We will go over post-op instructions on the day of your surgery.

QUESTIONS OR CONCERNS? PLEASE DON'T HESITATE TO CONTACT OUR OFFICE.