



## Postoperative Instructions for Lavage

- Use ice packs for the rest of the day
- Follow a liquid to soft diet for seven days after surgery
- Practice exercises as your doctor instructs

### If you feel...

- Swollen
- Your back teeth won't close together
- Popping or suction when opening your jaw (this is an indication the TMJ is functioning properly)
- Squeaking

There are all normal postoperative sensations and are no need for concern.

**If you have any questions regarding your surgery or postoperative care, please contact our office at (435) 628-1100. After hours contact (435) 817-3135. Do NOT call your dentist.**