



Congratulations on Your New Smile!

A Second Chance to Make a First Impression

You have made an investment to restore your smile and bite with Teeth-in-a-Day. The long-term success of your implants relies on your ability and commitment to keep them clean and follow up with your dentist on a regular basis. The following guidelines will help you maintain your implant-supported restorations:

- Brush twice a day with a soft toothbrush. Speak to your dentist about which one he or she prefers and the proper method of brushing.
- Clean under the teeth with a water irrigator after eating. Proxy brushes can be used in addition to water irrigation between meals.
- Floss daily. Woven threader floss dipped in Peridex or alcohol-free mouth rinse cleans the implants most effectively.
- Regular hygiene visits, usually every six months, are important to allow your dentist and hygienist to monitor your daily cleaning of the implants. Occasionally X-rays may be taken to monitor the bone support of the implants. Your fixed prosthesis may be removed by your dentist to clean around the implants. The attachment screws will need to be replaced each time the prosthesis is removed.
- If you feel any pain, swelling, bleeding, or a change in bite, call your surgeon immediately.



Please review all of these recommendations with your dentist as he/she may change, add, or delete some of these guidelines to suit your specific situation.