

BEFORE INTRAVENOUS ANAESTHESIA SEDATION

Pre-operative protocols are implemented to improve the outcome of the surgery, decrease the risk for complications, and make the surgery as safe and effective as possible. You are considered legally impaired for 24 hours following IV sedation.

- Do not have anything to eat or drink for 8 hours prior to the appointment. (You may have less than 100 ml of water in small sips until 2 hours before your surgery time.)
- Continue to take all your regular medications unless advised otherwise by your surgeon.
- No smoking for at least 12 hours before surgery and for a minimum of 2 weeks after surgery.
- If you are currently breastfeeding and plan to continue breastfeeding immediately after surgery, prepare to have enough frozen milk for at least 3 days. (This is only necessary if you are prescribed narcotics for pain.)
- It is mandatory that a responsible adult accompany you to the clinic, remain in the office during the procedure, bring you home, and monitor you while you are impaired.
- You should not be left unattended for 24 hours post-surgery.
- If you are prescribed medications post-operatively, there is a pharmacy located right next door to APEX Surgical. Using this pharmacy will ensure that your prescription(s) are filled and ready for pickup after you are discharged from APEX.
- Do not drive a vehicle or operate any machinery for 24 hours following anesthesia.
- You are considered legally impaired for 24 hours post-surgery.
- Please wear a short-sleeved shirt to allow access to both arms for blood pressure monitoring and IV access.
- Contact lenses, jewelry, and dentures must be removed prior to surgery. No sharps, multi-tools, lighters, or pocket knives are permitted on the premises.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cough, sore throat, or stomach upset, please notify the office.
- You will receive an electronic notification via text or email to confirm your appointment and remind you to start your prescribed oral rinse.
- Please note: not all patients are prescribed the oral rinse, so a portion of the notification may not apply to you.