
INSTRUCTIONS: NITROUS OXIDE SEDATION

Your oral surgery will be performed using nitrous oxide sedation. The medication that will be administered to you will allow you to undergo this treatment in a relaxed and comfortable state, yet you **will** be awake.

These recommendations should be followed:

- Please have a light meal 2 hours before your appointment. After that, you may have liquids as you wish.
- Wear comfortable, loose-fitting clothing.
- If you wear contact lenses, please remove them and wear glasses to the appointment.
- Take all your regular medications on your usual schedule unless advised otherwise by your doctor.