



Pre-Operative Instructions: Jaw Surgery

Patients undergoing surgical procedures on only one jaw usually go home the same day. Patients having surgery on both jaws will generally stay overnight.

It is very important to discontinue any medications that are blood thinners or that may increase your tendency to bleed. Please stop taking the following medications at least 2 weeks before surgery:

- Aspirin
- Any nonsteroidal anti-inflammatory drug (NSAID) – e.g., Advil®, Aleve®, Motrin®, Naprosyn®, or arthritis-type medications.
- Coumadin®/warfarin (**Notify us if you are taking this medication**)
- Plavix®/clopidogrel (**Notify us if you are taking this medication**)
- Certain herbal supplements
- Phentermine (must stop this medication 2 weeks before surgery)

You may take Tylenol®/acetaminophen for minor pain or headaches before surgery. Tylenol® is not a blood thinner.

If you get sick with a cold, flu, infection, or illness of any kind within 2 weeks of your surgery date, please contact the office.

Please make sure we know you are a smoker. It is extremely important for you to stop smoking at least 2 months before surgery. You will not be able to smoke after surgery!

Arrive at the hospital 2 hours prior to your surgery time.

Nothing to eat or drink 8 hours prior to surgery time.

We are excited that you have chosen us for your orthognathic surgery. We look forward to providing you with an excellent outcome.