



## Instructions: Preparing for Office Surgery

### CLOTHING

Please wear loose-fitting clothing to allow for easy access to arms. Be sure to wear comfortable shoes. Please do not wear flip-flops, high heels, or sandals.

### EATING/DRINKING

For patients having intravenous anesthesia, please abstain from food and drink for six (6) hours prior to your appointment for surgery.

### JEWELRY

Please remove ALL lip and tongue piercings and/or studs prior to arriving at the office for surgery.

### MEDICATIONS

Take all prescribed medication on the day of surgery unless specifically instructed by our surgeons to discontinue it prior to surgery. If you are receiving intravenous anesthesia, it is acceptable to take any medication with a small sip of water. Please bring a list of all current medications, dosage, and reason for use. This includes all prescription, over-the-counter, and herbal medications.

### IV ANESTHESIA

Persons having anesthesia are required to have a responsible person present in the office for the duration of the procedure. Surgery will not begin until this person is present in the office. This person will be expected to receive post-operative instructions and drive the patient home.

*\* If your driver does not accompany you and wait during the procedure, IV anesthesia will not be administered.*