



Instructions: After Wisdom Teeth Removal

After the removal of impacted teeth, it is possible to encounter any one of the following:

JAW STIFFNESS

This should resolve in 1 to 2 weeks with healing and increased use of the jaw.

NUMBNESS

You may experience numbness of the tongue, lower lip, chin, or gum tissue. This is generally a temporary condition. It may last for a few days or many months. Contact the office if this condition persists for more than 1 week.

SHIFTING OF TEETH

Teeth adjacent to the extraction site may seem to have shifted slightly, causing some discomfort. This sensation is usually temporary and should resolve itself.

IRRITATION

You may notice irritation, sores, or cracking of the lips and corners of the mouth. This is due to chapped lips and/or stretching of the lips during surgery. It is best treated by keeping the lips well lubricated with a mild ointment.

SHARP BONY EDGES

Occasionally, patients will detect hard substances with their tongue in the area of the extraction. This is the bony wall that surrounded the tooth. In most cases, this is a temporary condition. Please contact the office if this persists.

DRY SOCKET

This term refers to a condition which may arise after the removal of teeth. Symptoms may include a throbbing, radiating pain. This pain may radiate to the ear, jaw, teeth, head, or throat. This discomfort would normally resolve without treatment; however, the pain can be managed through the use of over-the-counter pain relievers and/or with medicated dressings placed in the extraction socket. If you think you may have this condition, please call the office so we may help you.