



Instructions: Preparing for Office Surgery

CLOTHING

Please wear loose-fitting clothing to allow for easy access to arms. Be sure to wear comfortable shoes. Please do not wear flip-flops, high heels, or sandals.

EATING/DRINKING

For patients having intravenous anesthesia, please abstain from food and drink for eight (8) hours prior to your appointment for surgery.

JEWELRY

Please remove ALL lip and tongue piercings and/or studs prior to arriving at the office for surgery.

MEDICATIONS

Take all prescribed medication on the day of surgery unless specifically instructed by our surgeons to discontinue it prior to surgery. If you are receiving intravenous anesthesia, it is acceptable to take any medication with a small sip of water. Please bring a list of all current medications, dosage, and reason for use. This includes all prescription, over-the-counter, and herbal medications.

IV ANESTHESIA

Patients having IV anesthesia are required to have a responsible adult, age 18+, present in the office for the duration of the procedure. Surgery will not begin until this adult is present in the office. This adult will be expected to receive postoperative instructions and drive the patient home.

** If your driver does not accompany you and wait during the procedure, IV anesthesia will not be administered.*