



Dr. Joshua Foxson, MS, DDS

605 S Washington St, Naperville, IL 60540

P: (630) 708-6637 **F:** (331) 281-0558

info@drnaperville.com

www.napervilleoralsurgery.com

GENERAL PRE-OPERATIVE INSTRUCTIONS

The following is useful information regarding your upcoming procedure.

- All minor patients (under 18 years of age) must be accompanied by a parent or guardian.
- Please wear comfortable clothing, including a short-sleeved shirt.
- Remove contact lenses, jewelry, and watches.
- Remove fingernail polish on both index fingers.
- Avoid wearing sandals or flip-flops.
- Avoid using any makeup, perfume, or cologne.
- Keep hair tied up away from your face.

FOR PROCEDURES THAT INCLUDE IV SEDATION:

- Nothing to eat or drink (including water) for 8 hours prior to your appointment.
- You will need a responsible driver who you trust to accompany you. Patients having anesthesia may not drive the entire day of surgery.

MEDICATIONS:

- If prescribed any medications at the consultation, please take them as directed with a small sip of water prior to your appointment.
- Please call our office to review which medications you should take.

ALCOHOL & SMOKING:

- Alcoholic beverages should be avoided for 24 hours before and 5 days after surgery.
- Smoking should be avoided or limited as much as possible.

ILLNESSES & PREGNANCY:

- If you have an illness, such as a cold, sore throat, upset stomach, or if you think you may be pregnant, please contact our office.

HELPFUL ITEMS TO HAVE PRIOR TO SURGERY:

- Ice packs
- Soft foods
- Ibuprofen or Tylenol®
- Any prescribed medications from the pharmacy

CONTACT OUR OFFICE IF ANY OF THE FOLLOWING APPLY TO YOU (if not discussed during the consultation):

- Take blood thinners
- Take medications for osteoporosis
- Have diabetes
- Have had heart valve surgery
- Have had joint replacement surgery