

## Post-Operative Instructions: Sinus Precautions

In the event there has been an opening in the sinus and a closure was performed, please adhere to the following precautions:

- Do not blow your nose!
- Do not smoke!
- Do not drink through a straw!
- Avoid sneezing if at all possible. If you realize this is unavoidable, sneeze with your mouth open.
- Take your antibiotics as directed by your oral surgeon.
- Take an over-the-counter decongestant. Use according to package instructions.