

## Post-Operative Instructions: Bone Grafting

You have had a tooth removal with a bone graft to the socket to build up the bone and to preserve the bone for a possible implant or to just keep the proper contour.

Here are some of the DOs and DO NOTs:

### DO

1. Do brush your other teeth and keep them awake.
2. Do chew on the side opposite of the graft.
3. Do try to leave the membrane and sutures over the graft area for as long as possible. Usually, this is about a week and a half to 2 weeks.
4. Do take your antibiotics until you have taken them all.

### DO NOT

1. Do not chew on this area.
2. Do not brush this area so as not to disturb the graft or sutures
3. Do not play with the area or the membrane over the graft with your tongue or otherwise, but allow it to fall out on its own in about a week and a half to 2 weeks.
4. Do not use straws unless given permission by your doctor.
5. Do not rinse or spit with any salt water or mouth rinse until given approval by your doctor.