



MEDICATION INSTRUCTIONS

PERIDEX™ RINSE (LIQUID)

*First Dose: Before bed the night of surgery

Instructions:

Gently swish and spit 15 cc (size of the filled bottle cap) 3 times per day.

The rinse should be used until the bottle is completed or until otherwise advised by the surgeon. If you don't have access to the antibiotic mouth rinse, salt water can be used as an alternative.

AMOXICILLIN 500 MG (PILL)

*First Dose: _____

Instructions:

Take 1 pill 3 times per day until the bottle is completed.

First Dose: Often, the first dose of the antibiotic will have been given by the surgeon during surgery, so the patient will only be responsible for the remaining 2 doses the day of surgery.

CLINDAMYCIN 300 MG (PILL)

*First Dose: _____

Instructions:

Take 1 pill 4 times per day until the bottle is completed.

First Dose: Often, the first dose of the antibiotic will have been given by the surgeon during surgery, so the patient will only be responsible for the remaining 3 doses the day of surgery.

IBUPROFEN 600 MG (PILL)

*First Dose: _____

Instructions:

Take 1 pill every 6 hours for the first 3 days. It can be tapered or taken as needed thereafter.

NOTE: These pills should be taken consistently for the first 3-4 days, and any additional pain medication should be taken **in addition to, not in place of**, the ibuprofen.

NORCO® 5/325 MG (PILL)

*First Dose: _____

Instructions:

Take ½ to 1 whole pill every 4-6 hours as needed for pain.

PERCOCET® 5/325 MG (PILL)

*First Dose: _____

Instructions:

Take ½ to 1 whole pill every 4-6 hours as needed for pain.

SUTURES/STITCHES

The surgeon often uses stitches during surgery. There are 2 different types of stitches: some that dissolve on their own, and others that require removal. The stitches you received

- Will dissolve away on their own in the first 5-7 days
- Will be removed at the follow-up visit scheduled in 2 weeks