



NAPA SONOMA

ORAL SURGERY & DENTAL IMPLANTS

DIRECTIONS BEFORE ANESTHESIA

THE EVENING BEFORE SURGERY

1. Eat a light dinner.
2. Get a good night's rest.
3. No smoking.
4. No alcoholic beverages 24 hours before surgery.

THE DATE OF SURGERY - EMPTY STOMACH

1. If your appointment is before noon, absolutely **no foods or liquids** (NO WATER).
2. If your appointment is in the afternoon, no foods or liquids 8 hours before the appointment (NO WATER).
3. No alcoholic beverages 3 days after surgery.
4. Use the restroom before your appointment.
5. Wear loose, comfortable clothing on the day of surgery. Please wear a **short-sleeved** shirt.
6. You are not to drive to your appointment.

IMPORTANT - A RIDE HOME

A responsible adult must accompany and stay with you the remainder of the day after your procedure. A parent or guardian must accompany minors to the office; written consent is necessary.

SPECIAL INSTRUCTIONS

1. Remove glasses or contacts.
2. Remove earrings, necklaces, and tongue studs.
3. Remove partial or full dentures.
4. Remove nail polish.

If under medical care, please notify our office prior to your procedure.

oralsurgerydentalimplants.com

Sonoma Office

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