



## PRE-OPERATIVE INSTRUCTIONS

- If you are receiving IV sedation, you may not have anything to eat or drink (including water) for 8 hours before the appointment. For morning surgery, no food or liquids after midnight the night before surgery.
- No smoking for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- If you are receiving IV sedation, a responsible adult must accompany you to the office, remain in the office during the procedure, and drive you home.
- Plan to rest for the remainder of the surgery day. You should not drive a vehicle or operate any machinery for 24 hours following IV sedation.
- Please wear loose-fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes.
- You must remove contact lenses, jewelry, and dentures at the time of surgery.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a cold, sore throat, or stomach or bowel upset, please notify the office.
- If you take prescription medications, please discuss these at your consultation and address any questions/changes with your doctor prior to your surgery.
- The use of alcohol or recreational drugs can adversely affect the anesthesia medications that we use. Please discontinue the use of such for at least 72 hours before your procedure.

Women, please note: Some antibiotics may interfere with the effectiveness of birth control pills. Please check with your pharmacist.